

BREAKFAST

Do-Ahead Breakfast Bake

1 October 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
295 min	10 min	35 min	12	\$0.76	215 kcal



Do-Ahead Breakfast Bake requires around 4 hours and 55 minutes from start to finish. This recipe serves 12. One serving contains 258 calories, 12g of protein, and 14g of fat. For 76 cents per serving, this recipe covers 10% of your daily requirements of vitamins and minerals.

Ingredients

- ☐ 1 cup diced fully cooked ham
- ☐ 4 eggs
- ☐ 10.4 ounce packages Betty Crocker® Seasoned Skillets® hash brown potatoes
- ☐ ½ teaspoon pepper
- ☐ 1 cup Original Bisquick® mix
- ☐ 1 tablespoon dried chopped onion
- ☐ 1 medium green bell pepper, chopped
- ☐ 3 cups milk
- ☐ 2 cups shredded Cheddar cheese

EQUIPMENT Bowl, Oven, Baking pan, Glass baking pan

Method

- 1 Grease 13x9-inch (3-quart) glass baking dish with shortening or cooking spray.
- 2 Layer ham, potatoes, bell pepper, onion and 1 cup of the cheese in baking dish. In large bowl, stir Bisquick mix, milk, pepper and eggs until blended.
- 3 Pour into baking dish; sprinkle with remaining 1 cup cheese. Cover; refrigerate at least 4 hours but no longer than 24 hours.
- 4 Heat oven to 375 degrees F.
- 5 Bake uncovered 30 to 35 minutes or until light golden brown around edges and cheese is melted.
- 6 Let stand 10 minutes.

Nutrition per serving

215	11 g	12 g	15 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			5.8 g · 36% of daily needs
Fibre			0.8 g · 3% of daily needs
Sugar			4.6 g · 5% of daily needs
Sodium			409 mg · 18% of daily needs
Cholesterol			87.8 mg · 29% of daily needs
Vitamin C			12.5 mg · 15% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/do-ahead-breakfast-bake-147019