



Donna's Sherry Wine Cake

 Dairy Free

READY IN



45 min.

SERVINGS



10

CALORIES



260 kcal

DESSERT

Ingredients

- 0.8 cup cooking sherry dry
- 4 eggs
- 1 teaspoon ground nutmeg
- 0.8 cup vegetable oil
- 18.3 ounce duncan hines classic decadent cake mix yellow

Equipment

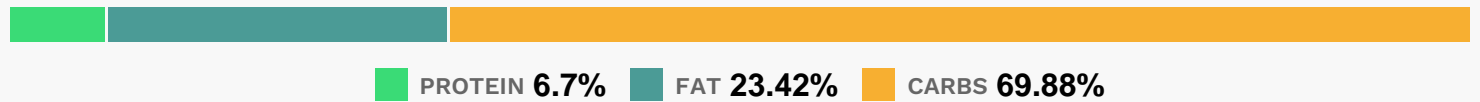
- frying pan
- oven

kugelhopf pan

Directions

- Prepare a bundt pan by oiling the sides. Preheat oven to 350 degrees F (175 degrees C).
- Blend all ingredients until well moistened.
- Pour batter into pan.
- Bake for 40 minutes, or until done.
- Remove cake from oven, and cool.
- Dust top with confectioners' sugar.

Nutrition Facts



Properties

Glycemic Index:8.5, Glycemic Load:0.11, Inflammation Score:-2, Nutrition Score:5.9086956515422%

Flavonoids

Malvidin: 0.01mg, Malvidin: 0.01mg, Malvidin: 0.01mg, Malvidin: 0.01mg Catechin: 0.14mg, Catechin: 0.14mg, Catechin: 0.14mg, Catechin: 0.14mg Epicatechin: 0.1mg, Epicatechin: 0.1mg, Epicatechin: 0.1mg, Epicatechin: 0.1mg Hesperetin: 0.07mg, Hesperetin: 0.07mg, Hesperetin: 0.07mg, Hesperetin: 0.07mg Naringenin: 0.07mg, Naringenin: 0.07mg, Naringenin: 0.07mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 260.28kcal (13.01%), Fat: 6.45g (9.93%), Saturated Fat: 1.94g (12.12%), Carbohydrates: 43.33g (14.44%), Net Carbohydrates: 42.67g (15.52%), Sugar: 22.69g (25.21%), Cholesterol: 65.47mg (21.82%), Sodium: 402.58mg (17.5%), Alcohol: 1.85g (100%), Alcohol %: 2.26% (100%), Protein: 4.16g (8.31%), Phosphorus: 198.9mg (19.89%), Calcium: 121.01mg (12.1%), Vitamin B2: 0.2mg (11.93%), Folate: 43.79µg (10.95%), Selenium: 6.98µg (9.97%), Vitamin B1: 0.13mg (8.54%), Iron: 1.44mg (8%), Vitamin K: 7.64µg (7.27%), Manganese: 0.13mg (6.53%), Vitamin E: 0.93mg (6.19%), Vitamin B3: 1.23mg (6.16%), Vitamin B5: 0.47mg (4.66%), Vitamin B6: 0.08mg (3.95%), Vitamin B12: 0.21µg (3.47%), Fiber: 0.66g (2.65%), Copper: 0.05mg (2.63%), Zinc: 0.39mg (2.62%), Magnesium: 9.45mg (2.36%), Vitamin D: 0.35µg (2.35%), Vitamin A: 95.24IU (1.9%), Potassium: 62.08mg (1.77%)