



Double Almond Chocolate Chip Cookies (Gluten-free)



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



24

CALORIES



121 kcal

DESSERT

Ingredients

- ☐ 0.5 cup agave nectar
- ☐ 2.5 cups almond flour
- ☐ 0.5 cup almonds sliced
- ☐ 0.5 teaspoon baking soda
- ☐ 0.5 cup chocolate chips dark
- ☐ 0.5 cup grapeseed oil
- ☐ 0.5 teaspoon salt

☐ 1 tablespoon vanilla

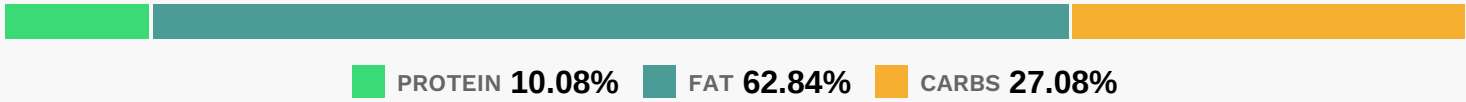
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven

Directions

- ☐ In a large bowl, combine almond flour, salt and baking soda. In a medium bowl combine grapeseed oil, agave and vanilla. Stir wet ingredients into the almond flour mixture until thoroughly combined. Fold in chocolate chips and almond slices.
- ☐ Spoon dough 1 heaping tablespoon at a time onto a parchment lined baking sheet, pressing down with palm of your hand to flatten.
- ☐ Bake in a 350 degree F oven for 7 to 10 minutes, until lightly golden. Cool cookies on the baking sheets for 20 minutes, then serve.

Nutrition Facts



Properties

Glycemic Index:3.29, Glycemic Load:0.54, Inflammation Score:-1, Nutrition Score:1.6321739240995%

Flavonoids

Cyanidin: 0.05mg, Cyanidin: 0.05mg, Cyanidin: 0.05mg, Cyanidin: 0.05mg Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 121.06kcal (6.05%), Fat: 8.84g (13.6%), Saturated Fat: 1.66g (10.35%), Carbohydrates: 8.57g (2.86%), Net Carbohydrates: 6.94g (2.52%), Sugar: 4.96g (5.51%), Cholesterol: 0.04mg (0.01%), Sodium: 75.51mg (3.28%), Alcohol: 0.19g (100%), Alcohol %: 0.87% (100%), Protein: 3.19g (6.38%), Fiber: 1.63g (6.51%), Vitamin E: 0.86mg

(5.71%), Calcium: 41.15mg (4.12%), Iron: 0.57mg (3.14%), Manganese: 0.05mg (2.53%), Vitamin B2: 0.04mg (2.15%), Magnesium: 6.64mg (1.66%), Phosphorus: 14.02mg (1.4%), Copper: 0.03mg (1.37%), Zinc: 0.19mg (1.29%), Vitamin K: 1.32µg (1.26%), Potassium: 38.78mg (1.11%)