



Double Chocolate Crackles

 Vegetarian

READY IN



45 min.

SERVINGS



24

CALORIES



119 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1 teaspoon double-acting baking powder
- ☐ 1 cup confectioners' sugar
- ☐ 0.5 cup dutch-process cocoa powder
- ☐ 2 large eggs lightly beaten
- ☐ 1.5 cups flour all-purpose
- ☐ 0.5 cup granulated sugar
- ☐ 0.5 teaspoon salt
- ☐ 6 tablespoons butter unsalted melted

☐ 0.5 cup chocolate chips white

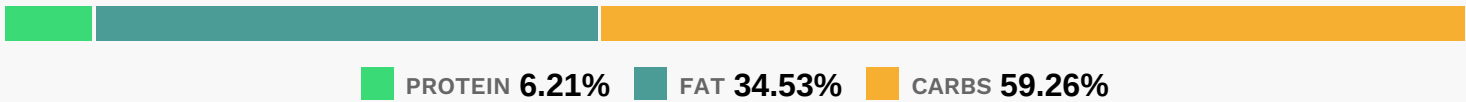
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ baking paper
- ☐ oven
- ☐ whisk
- ☐ plastic wrap

Directions

- ☐ Whisk the flour, granulated sugar, cocoa powder, baking powder and salt in a medium bowl.
- ☐ Whisk in the melted butter and eggs until combined, then stir in the white chocolate chips. Cover with plastic wrap and chill until firm, about 1 hour.
- ☐ Preheat the oven to 350 degrees F. Line 2 baking sheets with parchment paper.
- ☐ Put the confectioners' sugar in a shallow bowl.
- ☐ Roll tablespoonfuls of the dough into balls, then roll in the confectioners' sugar until well coated.
- ☐ Place 1 inch apart on the baking sheets.
- ☐ Bake until the cookies are puffed and the tops are cracked, about 10 minutes.
- ☐ Let cool 2 minutes on the baking sheets, then transfer to a rack to cool completely. Store in an airtight container up to 1 week.
- ☐ Photograph by Steve Giralt

Nutrition Facts



Properties

Glycemic Index:12.8, Glycemic Load:8.81, Inflammation Score:-2, Nutrition Score:2.6486956899905%

Flavonoids

Catechin: 1.16mg, Catechin: 1.16mg, Catechin: 1.16mg, Catechin: 1.16mg Epicatechin: 3.52mg, Epicatechin: 3.52mg, Epicatechin: 3.52mg, Epicatechin: 3.52mg Quercetin: 0.18mg, Quercetin: 0.18mg, Quercetin: 0.18mg, Quercetin: 0.18mg

Nutrients (% of daily need)

Calories: 119.37kcal (5.97%), Fat: 4.77g (7.34%), Saturated Fat: 2.81g (17.58%), Carbohydrates: 18.44g (6.15%), Net Carbohydrates: 17.56g (6.38%), Sugar: 11.33g (12.59%), Cholesterol: 23.81mg (7.94%), Sodium: 76.46mg (3.32%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 4.12mg (1.37%), Protein: 1.93g (3.87%), Selenium: 4.44µg (6.35%), Manganese: 0.12mg (6.21%), Vitamin B1: 0.07mg (4.46%), Vitamin B2: 0.08mg (4.44%), Folate: 17.2µg (4.3%), Copper: 0.09mg (4.28%), Phosphorus: 40.93mg (4.09%), Iron: 0.72mg (3.99%), Fiber: 0.88g (3.53%), Magnesium: 11.73mg (2.93%), Vitamin B3: 0.53mg (2.66%), Calcium: 24.02mg (2.4%), Vitamin A: 111.09IU (2.22%), Zinc: 0.26mg (1.75%), Potassium: 53.13mg (1.52%), Vitamin B5: 0.13mg (1.29%), Vitamin E: 0.17mg (1.12%), Vitamin B12: 0.06µg (1.07%)