

# **Double-Chocolate Peppermint Cheesecake**







DESSERT

## **Ingredients**

0.3 cup sugar

lo servings candy coating disks store-bought
O.3 cup butter melted
12 oz celery stalks soft crushed
1.5 cups chocolate wafer crumbs (32 cookies)
32 oz cream cheese softened
3 eggs
2 tablespoons flour all-purpose
1.5 cups semi chocolate chips

	2 tablespoons sugar	
	14 oz condensed milk sweetened canned (not evaporated)	
	2 teaspoons vanilla	
	0.3 cup whipping cream	
	0.8 cup whipping cream	
Equipment		
	bowl	
	frying pan	
	oven	
	wire rack	
	hand mixer	
	aluminum foil	
	microwave	
	spatula	
	springform pan	
Directions		
	Heat oven to 350F. Wrap outside bottom and side of 9-inch springform pan with heavy-duty foil to prevent leaking. Spray inside bottom and side of pan with cooking spray. In small bowl, mix crust ingredients. Press firmly in bottom of pan.	
	Bake 10 minutes. Reduce oven temperature to 300F. Cool crust 10 minutes.	
	Meanwhile, in large bowl, beat cream cheese and 1/4 cup sugar with electric mixer on medium-high speed until light and fluffy. Gradually add condensed milk, beating just until blended.	
	Add 1/3 cup whipping cream, the flour and vanilla; beat just until blended.	
	Add eggs, one at a time, beating just until blended.	
	Pour over crust.	
	Bake 1 hour 15 minutes to 1 hour 25 minutes or until edge of cheesecake is set at least 2 inches from edge of pan but center of cheesecake still jiggles slightly when moved. Turn oven	

	off; open oven door at least 4 inches.	
	Let cheesecake remain in oven 30 minutes. Run small metal spatula around edge of pan to loosen cheesecake. Cool in pan on cooling rack 30 minutes. Refrigerate at least 6 hours or overnight.	
	Run small metal spatula around edge of cheesecake; carefully remove foil and side of pan.	
	Place cheesecake on serving plate. In medium microwavable bowl, microwave 3/4 cup whipping cream on High 1 minute or until hot.	
	Add chocolate chips; stir until chocolate is melted and mixture is smooth.	
	Pour ganache over cheesecake; smooth ganache with spatula.	
	Let stand 10 minutes. Gently press crushed peppermint sticks into side of cheesecake. Cover refrigerate any remaining cheesecake.	
	Garnish with peppermint bark, if desired.	
Nutrition Facts		
	PROTEIN <b>6.48%</b> FAT <b>64.29%</b> CARBS <b>29.23%</b>	

#### **Properties**

Glycemic Index:27.17, Glycemic Load:16.52, Inflammation Score:-7, Nutrition Score:10.554347732793%

#### **Flavonoids**

Apigenin: 0.61mg, Apigenin: 0.61mg, Apigenin: 0.61mg, Apigenin: 0.61mg Luteolin: 0.22mg, Luteolin: 0.22mg, Luteolin: 0.22mg Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

### Nutrients (% of daily need)

Calories: 544.61kcal (27.23%), Fat: 39.44g (60.68%), Saturated Fat: 23.06g (144.14%), Carbohydrates: 40.35g (13.45%), Net Carbohydrates: 38.28g (13.92%), Sugar: 31.93g (35.48%), Cholesterol: 123.45mg (41.15%), Sodium: 328.41mg (14.28%), Alcohol: 0.17g (100%), Alcohol %: 0.13% (100%), Caffeine: 15.56mg (5.19%), Protein: 8.95g (17.89%), Vitamin A: 1302.93IU (26.06%), Phosphorus: 213.84mg (21.38%), Vitamin B2: 0.36mg (21.01%), Selenium: 14.05µg (20.07%), Manganese: 0.34mg (16.82%), Calcium: 164.02mg (16.4%), Copper: 0.29mg (14.52%), Magnesium: 51.61mg (12.9%), Potassium: 369.27mg (10.55%), Iron: 1.85mg (10.26%), Vitamin K: 9.83µg (9.36%), Zinc: 1.26mg (8.41%), Fiber: 2.07g (8.29%), Vitamin B5: 0.83mg (8.28%), Vitamin E: 1.08mg (7.18%), Folate: 26.76µg (6.69%), Vitamin B12: 0.38µg (6.32%), Vitamin B1: 0.08mg (5.38%), Vitamin B6: 0.09mg (4.58%), Vitamin B3: 0.69mg (3.44%), Vitamin D: 0.47µg (3.15%), Vitamin C: 1.4mg (1.7%)