

Double Ginger Biscotti







DESSERT

Ingredients

	6 oz chocolate white chopped
	2 tablespoons butter softened

1 box duncan hines classic decadent cake mix

1 tablespoon candied ginger chopped

0.3 cup flour all-purpose

0.3 cup water

Equipment

bowl

	baking sheet	
	oven	
	wire rack	
	microwave	
Directions		
	Heat oven to 350F. Spray cookie sheet with cooking spray. Make cake and cookie mix as directed on box for gingersnaps, using 1/4 cup flour, 2 tablespoons butter and 1/4 cup water. Stir in ginger. Divide dough in half. Shape each half into 11x5-inch rectangle on cookie sheet.	
	Bake 30 minutes or until light golden brown. Cool on cookie sheet 10 minutes.	
	Cut crosswise into 1/2-inch slices. Turn slices cut sides down on cookie sheet.	
	Bake about 15 minutes, turning once, until crisp and light brown. Immediately remove from cookie sheet to cooling rack. Cool completely.	
	In small microwavable bowl, microwave white chocolate uncovered on High 1 minute to 1 minute 30 seconds, stirring once, until softened and chocolate can be stirred smooth. Dip one end of each cookie about halfway into white chocolate.	
	Place on waxed paper until set.	
Nutrition Facts		
	PROTEIN 4.32% FAT 26.97% CARBS 68.71%	

Properties

Glycemic Index:3.3, Glycemic Load:1.99, Inflammation Score:-1, Nutrition Score:1.2308695635394%

Nutrients (% of daily need)

Calories: 72.44kcal (3.62%), Fat: 2.19g (3.37%), Saturated Fat: 1.09g (6.79%), Carbohydrates: 12.57g (4.19%), Net Carbohydrates: 12.42g (4.52%), Sugar: 7.4g (8.22%), Cholesterol: 0.81mg (0.27%), Sodium: 91.02mg (3.96%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.79g (1.58%), Phosphorus: 47.31mg (4.73%), Calcium: 33.76mg (3.38%), Folate: 9.8µg (2.45%), Vitamin B2: 0.04mg (2.36%), Vitamin B1: 0.03mg (2.24%), Selenium: 1.43µg (2.04%), Vitamin B3: 0.35mg (1.76%), Iron: 0.27mg (1.51%), Manganese: 0.03mg (1.46%), Vitamin E: 0.16mg (1.06%)