



## Double OREO Roll

READY IN



1460 min.

SERVINGS



20

CALORIES



58 kcal

### Ingredients

- 1 cup milk cold
- 1 pkg oreo cookies 'n creme flavor pudding instant (4-serving size)
- 15 oreo cookies
- 1 cup cool whip whipped topping thawed

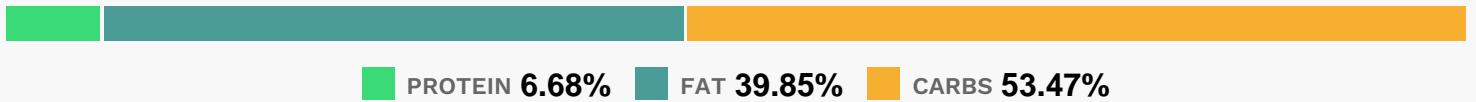
### Equipment

- bowl
- whisk

### Directions

- Pour milk into medium bowl.
- Add dry pudding mix. Beat with wire whisk 2 minutes or until well blended. Gently stir in whipped topping.
- Spread about 1 Tbsp. pudding mixture onto each cookie. Begin stacking cookies together, standing on edge on serving platter to make a log. Frost with remaining pudding mixture.
- Refrigerate overnight.
- Cut diagonally into 12 slices to serve. Store leftover dessert in refrigerator.

## Nutrition Facts



### Properties

Glycemic Index:1.9, Glycemic Load:0.22, Inflammation Score:-1, Nutrition Score:1.5452173792798%

### Nutrients (% of daily need)

Calories: 57.71kcal (2.89%), Fat: 2.61g (4.02%), Saturated Fat: 1.16g (7.26%), Carbohydrates: 7.88g (2.63%), Net Carbohydrates: 7.62g (2.77%), Sugar: 5.16g (5.73%), Cholesterol: 1.54mg (0.51%), Sodium: 42.45mg (1.85%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.98g (1.97%), Iron: 1.1mg (6.1%), Manganese: 0.06mg (3.09%), Vitamin K: 2.64µg (2.51%), Vitamin B2: 0.04mg (2.46%), Phosphorus: 23.51mg (2.35%), Calcium: 19.57mg (1.96%), Vitamin B1: 0.03mg (1.69%), Vitamin E: 0.25mg (1.66%), Copper: 0.03mg (1.54%), Magnesium: 5.98mg (1.49%), Folate: 5.63µg (1.41%), Vitamin B3: 0.25mg (1.26%), Potassium: 43.26mg (1.24%), Vitamin B12: 0.07µg (1.22%), Selenium: 0.79µg (1.13%), Fiber: 0.26g (1.05%)