

DESSERT

Double Peanut Butter Cookies II

6 October 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	60	\$0.14	73 kcal

Double Peanut Butter Cookies II is a lacto ovo vegetarian dessert. One portion of this dish contains about 2g of protein, 2g of fat, and a total of 73 calories. This recipe serves 60 and costs 14 cents per serving. This recipe is liked by 1 foodies and cooks.

Ingredients

☐ 1½ teaspoons baking powder

☐ 2 cups pastry flour

☐ 3 tablespoons plain yogurt

☐ ½ cup vegetable oil

☐ 1½ cups honey

☐ ½ cup peanut butter

☐ ½ teaspoon salt

☐ 2½ cups whole wheat flour

EQUIPMENT Bowl, Baking sheet, Oven

Method

- 1 Sift together the whole wheat flour, pastry flour, baking powder and salt, set aside. In a medium bowl, stir together the vegetable oil, 2 cups of peanut butter, honey and yogurt until smooth.
- 2 Add the dry ingredients and mix by hand until well blended. Shape into a roll that is 2 inches in diameter, wrap and chill until firm.
- 3 Preheat oven to 350 degrees F (175 degrees C).
- 4 Unwrap the roll of dough, and slice into 1/4 inch slices.
- 5 Place half of the cookies onto unprepared baking sheets.

- 6 Spread 1/2 teaspoon of peanut butter onto the center of each cookie on the sheets, cover with the remaining cookie rounds, and seal edges tightly with a fork.
- 7 Bake for 10 to 12 minutes in the preheated oven.
- 8 Remove cookies from baking sheets to cool on wire racks.

Nutrition per serving

73	2 g	2 g	14 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			0.3 g · 2% of daily needs
Fibre			1.1 g · 4% of daily needs
Sugar			7.3 g · 8% of daily needs
Sodium			40.2 mg · 2% of daily needs
Cholesterol			0.1 mg · 0% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/double-peanut-butter-cookies-ii-148341