

## **Double-Peanut Cookies**

airy Free







DESSERT

## **Ingredients**

i teaspoon baking soda
0.8 cup brown sugar packed
0.5 cup butter softened
1 cup creamy peanut butter
1.5 cups roasted peanuts unsalted chopped
2 eggs
1.5 cups flour all-purpose

0.8 cup granulated sugar

Equipment		
	bowl	
	baking sheet	
	oven	
	wire rack	
	hand mixer	
Directions		
	Heat oven to 375F. Beat peanut butter, sugars, butter and eggs in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour and baking soda. Stir in peanuts (dough will be stiff).	
	Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet.	
	Bake 8 to 10 minutes or until light brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.	
Nutrition Facts		
	PROTEIN 10.27% FAT 52.21% CARBS 37.52%	

## **Properties**

Glycemic Index:39.77, Glycemic Load:53.64, Inflammation Score:-9, Nutrition Score:33.347826012127%

## Nutrients (% of daily need)

Calories: 1409.29kcal (70.46%), Fat: 85.32g (131.27%), Saturated Fat: 16.15g (100.94%), Carbohydrates: 137.94g (45.98%), Net Carbohydrates: 128.7g (46.8%), Sugar: 84.42g (93.8%), Cholesterol: 81.84mg (27.28%), Sodium: 1099.05mg (47.78%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 37.77g (75.53%), Manganese: 2.59mg (129.43%), Vitamin B3: 19.59mg (97.95%), Folate: 221.27µg (55.32%), Magnesium: 218.5mg (54.63%), Phosphorus: 532.9mg (53.29%), Vitamin E: 7.01mg (46.76%), Selenium: 30.12µg (43.02%), Vitamin B1: 0.64mg (42.81%), Fiber: 9.23g (36.94%), Copper: 0.74mg (36.91%), Vitamin B2: 0.52mg (30.56%), Iron: 5.24mg (29.09%), Potassium: 936.69mg (26.76%), Vitamin B6: 0.5mg (25.2%), Vitamin A: 1133.77IU (22.68%), Zinc: 3.36mg (22.41%), Vitamin B5: 2.07mg (20.67%), Calcium: 148.83mg (14.88%), Vitamin B12: 0.22µg (3.74%), Vitamin D: 0.44µg (2.93%)