



Doubletree Copycats aka Christie Cookies

 Popular

READY IN



23 min.

SERVINGS



14

CALORIES



306 kcal

DESSERT

Ingredients

- ☐ 4.5 oz all purpose flour
- ☐ 0.5 cup bits of brittle
- ☐ 0.5 teaspoon double-acting baking powder
- ☐ 0.5 teaspoon baking soda
- ☐ 1 cup chocolate chips dark
- ☐ 1 large eggs
- ☐ 1.1 cups food processor (measure, then grind)
- ☐ 0.3 cup granulated sugar

- ☐ 0.8 cup brown sugar light packed
- ☐ 0.5 scant teaspoon salt (Morton Kosher)
- ☐ 4 oz butter unsalted cold (1 stick)
- ☐ 1 teaspoon vanilla
- ☐ 0.8 cups walnuts toasted chopped

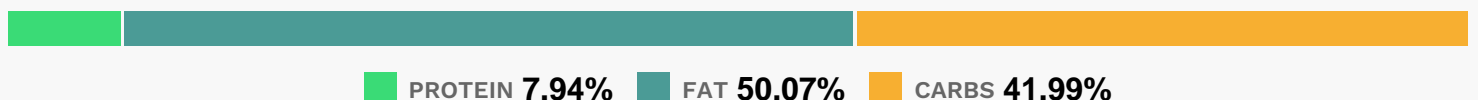
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ blender
- ☐ wax paper

Directions

- ☐ Mix flour, baking powder, baking soda and salt, set aside. Cream butter and sugars in large mixer bowl.
- ☐ Add egg and vanilla and stir until mixed.
- ☐ Add flour mixture and oatmeal gradually, stirring until incorporated. Stir in
- ☐ Heath Bits, Chocolate Chips, and nuts. Scoop dough up with a quarter cup measure and shape into big balls. Press them slightly to make discs. Set the discs on a plate and chill for a few hours or until firm. Note: You can bake these without chilling, but I liked the texture better after chilling.
- ☐ Place on parchment lined cookie sheets about 3 inches apart.
- ☐ Bake at 375 degrees for 8-13 minutes. Cookies should still be slightly underdone (I didn't want mine underdone and cooked them 12-13). Move to wax paper lined counter to cool, do not use wire racks. (I did both – wire racks made the cookies crispier, cooling on rack helps internal cooking for underdone cookies and probably makes them chewier).

Nutrition Facts



Properties

Glycemic Index:18.36, Glycemic Load:7.65, Inflammation Score:-3, Nutrition Score:5.8473912425663%

Flavonoids

Cyanidin: 0.17mg, Cyanidin: 0.17mg, Cyanidin: 0.17mg, Cyanidin: 0.17mg

Nutrients (% of daily need)

Calories: 306.43kcal (15.32%), Fat: 17.32g (26.65%), Saturated Fat: 8.74g (54.64%), Carbohydrates: 32.69g (10.9%), Net Carbohydrates: 30.68g (11.15%), Sugar: 19.62g (21.8%), Cholesterol: 30.83mg (10.28%), Sodium: 227.17mg (9.88%), Alcohol: 0.1g (100%), Alcohol %: 0.15% (100%), Protein: 6.18g (12.36%), Manganese: 0.3mg (15.19%), Vitamin B1: 0.16mg (10.55%), Copper: 0.19mg (9.59%), Folate: 38.29µg (9.57%), Selenium: 6.03µg (8.62%), Fiber: 2.02g (8.07%), Phosphorus: 78.7mg (7.87%), Calcium: 77.19mg (7.72%), Vitamin E: 1.06mg (7.06%), Magnesium: 26.29mg (6.57%), Zinc: 0.93mg (6.18%), Vitamin B2: 0.1mg (6.07%), Iron: 1mg (5.54%), Vitamin B3: 0.9mg (4.49%), Vitamin A: 224.24IU (4.48%), Potassium: 154.1mg (4.4%), Vitamin B6: 0.07mg (3.62%), Vitamin B12: 0.18µg (3.05%), Vitamin B5: 0.25mg (2.51%), Vitamin K: 1.76µg (1.68%), Vitamin D: 0.19µg (1.29%)