



Doubly-Delicious Brownies

 Popular

READY IN



150 min.

SERVINGS



18

CALORIES



314 kcal

DESSERT

Ingredients

- ☐ 1 box brownie mix betty crocker®
- ☐ 16.5 oz chocolate chip cookie mix refrigerated
- ☐ 9 crème-filled chocolate sandwich cookies
- ☐ 1 eggs
- ☐ 0.3 cup vegetable oil
- ☐ 0.3 cup water

Equipment

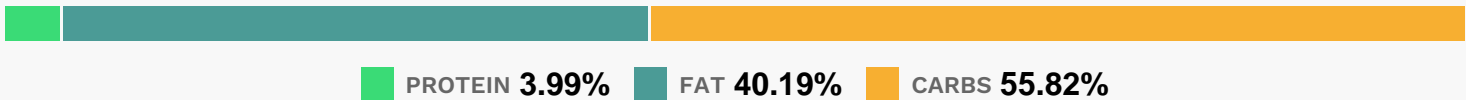
- ☐ bowl

- ☐ frying pan
- ☐ oven
- ☐ toothpicks

Directions

- ☐ Heat oven to 350°F (325°F for dark or nonstick pan). Spray bottom only of 8- or 9-inch square pan with cooking spray or grease with shortening.
- ☐ In medium bowl, stir together brownie mix, pouch of chocolate syrup, water, oil and egg until well blended.
- ☐ Spread half of batter in pan.
- ☐ Shape about 1 tablespoon cookie dough around each cookie; arrange in 3 rows by 3 rows in pan. Cover dough-wrapped cookies with remaining brownie batter.
- ☐ Bake 8-inch pan 38 to 40 minutes (9-inch pan 34 to 37 minutes) or until toothpick inserted 2 inches from sides of pan comes out almost clean. Cool completely, about 1 hour 30 minutes.
- ☐ For brownies, cut into 3 rows by 3 rows.
- ☐ Cut squares diagonally in half to make 18 triangles.

Nutrition Facts



Properties

Glycemic Index:2.7, Glycemic Load:8.21, Inflammation Score:-1, Nutrition Score:2.553913064625%

Nutrients (% of daily need)

Calories: 313.77kcal (15.69%), Fat: 14.1g (21.69%), Saturated Fat: 4.11g (25.69%), Carbohydrates: 44.06g (14.69%), Net Carbohydrates: 43.15g (15.69%), Sugar: 24.92g (27.69%), Cholesterol: 11.17mg (3.72%), Sodium: 202.94mg (8.82%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 3.15g (6.3%), Iron: 1.88mg (10.43%), Vitamin K: 7.22µg (6.88%), Vitamin B1: 0.1mg (6.57%), Folate: 22.22µg (5.56%), Vitamin B2: 0.07mg (4.25%), Fiber: 0.9g (3.61%), Vitamin B3: 0.68mg (3.39%), Magnesium: 11.72mg (2.93%), Vitamin E: 0.42mg (2.81%), Phosphorus: 23.15mg (2.32%), Manganese: 0.04mg (2.07%), Potassium: 64.71mg (1.85%), Selenium: 1.06µg (1.52%), Zinc: 0.21mg (1.37%), Copper: 0.02mg (1.12%)