



Dove Christmas Chocolate Drops

READY IN



22 min.

SERVINGS



36

CALORIES



271 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1 teaspoon double-acting baking powder
- ☐ 8 tablespoons butter
- ☐ 1 bag dove promises chocolate chocolate dark
- ☐ 0.3 cup cocoa powder
- ☐ 2 sheets cookie pans
- ☐ 2 large eggs
- ☐ 0.3 cup flour
- ☐ 2 cups nuts: such as walnuts chopped
- ☐ 36 servings pecans toasted

- ☐ 36 servings foil paper
- ☐ 0.3 teaspoon salt
- ☐ 0.7 cup sugar

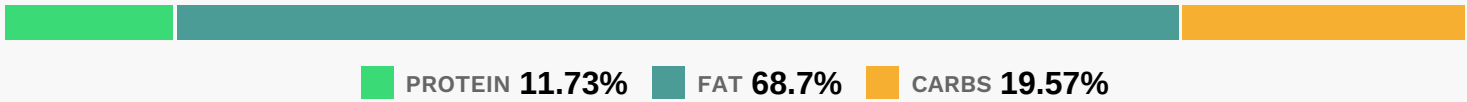
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ wire rack
- ☐ double boiler
- ☐ aluminum foil

Directions

- ☐ Preheat the oven to 325 degrees. Line the sheet pans with foil and set aside.Melt half of the DOVE®PROMISES ®Dark Chocolate with the butter in the top of a double boiler until smooth.
- ☐ Remove from heat and let cool to room temperature.Meanwhile,roughly chop the remaining chocolate and set aside.To make the batter, combine the flour, cocoa, baking powder and salt in a small bowl, set aside. In a large bowl, beat the eggs and sugar until thick and light yellow, about 2 minutes.Stir in flour mixture and cooled chocolate and beat for 1 minute. Fold in the remaining chopped DOVE®PROMISES ®Dark Chocolate and nuts.Drop tablespoons of batter onto the prepared cookie sheet pans about 2 inches apart.
- ☐ Bake for approximately 10 minutes, or until just firm.
- ☐ Remove from the oven, transfer to a wire rack and cool for 5 minutes before removing from the cookie sheet pans.Makes 36 cookie

Nutrition Facts



Properties

Glycemic Index:12.04, Glycemic Load:3.94, Inflammation Score:-5, Nutrition Score:11.898260801707%

Flavonoids

Cyanidin: 0.74mg, Cyanidin: 0.74mg, Cyanidin: 0.74mg, Cyanidin: 0.74mg Catechin: 0.77mg, Catechin: 0.77mg, Catechin: 0.77mg, Catechin: 0.77mg Epigallocatechin: 0.78mg, Epigallocatechin: 0.78mg, Epigallocatechin: 0.78mg, Epigallocatechin: 0.78mg Epicatechin: 1.35mg, Epicatechin: 1.35mg, Epicatechin: 1.35mg, Epicatechin: 1.35mg Eriodictyol: 0.08mg, Eriodictyol: 0.08mg, Eriodictyol: 0.08mg, Eriodictyol: 0.08mg Naringenin: 0.13mg, Naringenin: 0.13mg, Naringenin: 0.13mg, Naringenin: 0.13mg Isorhamnetin: 0.79mg, Isorhamnetin: 0.79mg, Isorhamnetin: 0.79mg, Isorhamnetin: 0.79mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg

Nutrients (% of daily need)

Calories: 270.73kcal (13.54%), Fat: 22.02g (33.87%), Saturated Fat: 3.44g (21.5%), Carbohydrates: 14.11g (4.7%), Net Carbohydrates: 9.37g (3.41%), Sugar: 5.05g (5.61%), Cholesterol: 17.11mg (5.7%), Sodium: 59.24mg (2.58%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 8.46g (16.92%), Vitamin E: 7.78mg (51.89%), Manganese: 0.88mg (43.95%), Magnesium: 102.9mg (25.72%), Vitamin B2: 0.38mg (22.57%), Copper: 0.44mg (21.98%), Phosphorus: 194.3mg (19.43%), Fiber: 4.74g (18.97%), Calcium: 96.6mg (9.66%), Iron: 1.65mg (9.14%), Zinc: 1.34mg (8.9%), Potassium: 283.61mg (8.1%), Vitamin B3: 1.6mg (8.01%), Vitamin B1: 0.09mg (6.25%), Folate: 21.81µg (5.45%), Selenium: 2.9µg (4.14%), Vitamin B6: 0.07mg (3.56%), Vitamin B5: 0.29mg (2.9%), Vitamin A: 94.43IU (1.89%)