



Drinking in Season: Spiced and Spiked Blood Orange Cocktail

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



60 min.

SERVINGS



1

CALORIES



945 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 1 slice blood oranges
- 1 ounce blood orange juice (1 orange)
- 0.5 ounce cinnamon
- 2 cinnamon sticks
- 1 Dash orange bitters
- 1 cup sugar
- 1.5 ounces vodka

1 cup water

Equipment

sauce pan

Directions

- Combine sugar and water in a small saucepan over medium-low heat. Stir sugar until dissolved.
- Add cloves and cinnamon sticks and simmer over low heat for 30 minutes.
- Remove from heat and let cool. Strain cloves and cinnamon sticks from the syrup and refrigerate (syrup keeps in refrigerator for up to 2 weeks).
- Combine vodka, blood orange juice, and syrup in a cocktail shaker filled with ice. Shake vigorously for 15 seconds. Strain liquid into a cocktail glass and garnish with a blood orange slice.
- Serve immediately.

Nutrition Facts

 PROTEIN **0.52%**  FAT **0.98%**  CARBS **98.5%**

Properties

Glycemic Index:189.59, Glycemic Load:141.98, Inflammation Score:-3, Nutrition Score:11.409130433331%

Flavonoids

Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg Hesperetin: 7.2mg, Hesperetin: 7.2mg, Hesperetin: 7.2mg, Hesperetin: 7.2mg Naringenin: 2.75mg, Naringenin: 2.75mg, Naringenin: 2.75mg, Naringenin: 2.75mg Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg Quercetin: 0.13mg, Quercetin: 0.13mg, Quercetin: 0.13mg, Quercetin: 0.13mg

Nutrients (% of daily need)

Calories: 944.63kcal (47.23%), Fat: 0.98g (1.5%), Saturated Fat: 0.08g (0.51%), Carbohydrates: 221.33g (73.78%), Net Carbohydrates: 209.69g (76.25%), Sugar: 203.88g (226.53%), Cholesterol: 0mg (0%), Sodium: 16.66mg (0.72%), Alcohol: 14.65g (100%), Alcohol %: 3.42% (100%), Protein: 1.17g (2.35%), Manganese: 3.71mg (185.69%), Fiber: 11.64g (46.55%), Vitamin C: 22.43mg (27.18%), Calcium: 229.99mg (23%), Iron: 1.94mg (10.76%), Copper: 0.15mg (7.33%), Vitamin K: 6.63µg (6.32%), Potassium: 177.73mg (5.08%), Magnesium: 19.59mg (4.9%), Vitamin B2:

0.06mg (3.75%), Vitamin E: 0.53mg (3.52%), Folate: 13.98µg (3.49%), Zinc: 0.46mg (3.03%), Vitamin A: 150.66IU (3.01%), Vitamin B1: 0.04mg (2.97%), Selenium: 1.95µg (2.79%), Vitamin B6: 0.05mg (2.66%), Phosphorus: 22.46mg (2.25%), Vitamin B3: 0.43mg (2.17%), Vitamin B5: 0.16mg (1.65%)