

Dulce de Leche Cake







DESSERT

Ingredients

U.3 cup butter (do not use margarine)
1 box cake mix yellow
1 cup water
2 teaspoons vanilla
3 eggs
13.4 oz condensed milk sweetened canned (caramelized condensed milk)
8 oz cream cheese softened
0.5 cup whipping cream

Equipment		
	bowl	
	frying pan	
	sauce pan	
	oven	
	hand mixer	
Di	rections	
	Heat oven to 350°F (325°F for dark or nonstick pan). Grease or spray bottom only of 13x9-inch pan.	
	In 1-quart saucepan, heat butter over medium heat 4 to 6 minutes, stirring frequently, just until golden brown.	
	Remove from heat. Cool 15 minutes.	
	In large bowl, beat cake mix, browned butter, water, vanilla and eggs with electric mixer on low speed 30 seconds, then on medium speed 2 minutes (brown flecks from butter will appear in batter).	
	Pour into pan.	
	Bake as directed on box for 13x9-inch pan. Cool completely, about 1 hour.	
	Meanwhile, in large bowl, beat dulce de leche and cream cheese with electric mixer on high speed about 2 minutes or until blended and smooth. Beat in whipping cream until stiff peaks form.	
	Spread frosting over cooled cake.	
	Serve immediately, or refrigerate until serving. Store loosely covered in refrigerator.	
Nutrition Facts		
	PROTEIN 6 559/ FAT 42 549/ CARRO 50 049/	
	PROTEIN 6.55% FAT 42.54% CARBS 50.91%	

Properties

Glycemic Index:7.33, Glycemic Load:10.79, Inflammation Score:-5, Nutrition Score:8.0043478893197%

Nutrients (% of daily need)

Calories: 423.02kcal (21.15%), Fat: 20.16g (31.01%), Saturated Fat: 9.93g (62.07%), Carbohydrates: 54.27g (18.09%), Net Carbohydrates: 53.75g (19.55%), Sugar: 37g (41.11%), Cholesterol: 81.98mg (27.33%), Sodium: 492mg (21.39%), Alcohol: 0.23g (100%), Alcohol %: 0.21% (100%), Protein: 6.99g (13.97%), Phosphorus: 262.9mg (26.29%), Calcium: 214.41mg (21.44%), Vitamin B2: 0.35mg (20.39%), Selenium: 11.28µg (16.11%), Vitamin A: 769.07lU (15.38%), Folate: 40.11µg (10.03%), Vitamin B1: 0.14mg (9.3%), Vitamin B5: 0.7mg (7.01%), Vitamin E: 1.01mg (6.75%), Iron: 1.18mg (6.56%), Vitamin B12: 0.34µg (5.73%), Vitamin B3: 1.1mg (5.5%), Potassium: 190.88mg (5.45%), Manganese: 0.09mg (4.55%), Zinc: 0.68mg (4.51%), Magnesium: 16.72mg (4.18%), Vitamin B6: 0.08mg (4.14%), Vitamin D: 0.44µg (2.95%), Copper: 0.05mg (2.59%), Vitamin K: 2.19µg (2.08%), Fiber: 0.52g (2.07%), Vitamin C: 0.9mg (1.09%)