



Dutch Chocolate Cupcakes with Pink Frosting

READY IN



45 min.

SERVINGS



24

CALORIES



226 kcal

DESSERT

Ingredients

- ☐ 1.5 teaspoon baking soda
- ☐ 8 tablespoons butter softened
- ☐ 1.5 cups buttermilk mixed with a little lemon juice
- ☐ 8 oz cake flour
- ☐ 1 cup dutch process cocoa powder
- ☐ 3 drops food coloring red
- ☐ 1.5 cups brown sugar light packed
- ☐ 3.5 cups powdered sugar
- ☐ 0.5 teaspoon salt

- ☐ 0.5 cup sugar
- ☐ 1 teaspoon vanilla
- ☐ 3 large eggs whole at room temperature
- ☐ 2 tablespoons milk whole (I've found works best)

Equipment

- ☐ bowl
- ☐ oven
- ☐ stand mixer
- ☐ muffin liners

Directions

- ☐ Preheat oven to 350 degrees F. Line 24 muffin cups with paper liners.
- ☐ Mix the butter and powdered sugar together in bowl of a stand mixer using low speed.
- ☐ Add a little of the milk to soften and continue beating until mixture comes together.
- ☐ Add vanilla.
- ☐ Add milk 1 tablespoon at a time until you get the consistency you want. Beat until light and fluffy.
- ☐ Add a drop or two of red food coloring.Frost the cupcakes then decorate with chocolate sprinkles and stemmed cherries.

Nutrition Facts



Properties

Glycemic Index:9.38, Glycemic Load:7.37, Inflammation Score:-2, Nutrition Score:3.7126086846642%

Flavonoids

Catechin: 2.32mg, Catechin: 2.32mg, Catechin: 2.32mg, Catechin: 2.32mg Epicatechin: 7.04mg, Epicatechin: 7.04mg, Epicatechin: 7.04mg, Epicatechin: 7.04mg Eriodictyol: 0.74mg, Eriodictyol: 0.74mg, Eriodictyol: 0.74mg, Eriodictyol: 0.74mg Hesperetin: 2.21mg, Hesperetin: 2.21mg, Hesperetin: 2.21mg, Hesperetin: 2.21mg Naringenin:

O.21mg, Naringenin: 0.21mg, Naringenin: 0.21mg, Naringenin: 0.21mg Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg

Nutrients (% of daily need)

Calories: 225.63kcal (11.28%), Fat: 5.12g (7.87%), Saturated Fat: 2.94g (18.35%), Carbohydrates: 45.21g (15.07%), Net Carbohydrates: 43.61g (15.86%), Sugar: 35.19g (39.1%), Cholesterol: 33.43mg (11.14%), Sodium: 161.55mg (7.02%), Alcohol: 0.06g (100%), Alcohol %: 0.1% (100%), Caffeine: 8.24mg (2.75%), Protein: 2.77g (5.55%), Manganese: 0.23mg (11.31%), Selenium: 6.56µg (9.38%), Copper: 0.17mg (8.4%), Vitamin C: 5.9mg (7.15%), Fiber: 1.6g (6.39%), Magnesium: 23.41mg (5.85%), Phosphorus: 52.01mg (5.2%), Iron: 0.82mg (4.54%), Potassium: 110.22mg (3.15%), Vitamin B2: 0.05mg (3.1%), Vitamin A: 153.5IU (3.07%), Zinc: 0.43mg (2.86%), Folate: 10.53µg (2.63%), Calcium: 24.75mg (2.48%), Vitamin B5: 0.19mg (1.94%), Vitamin B6: 0.03mg (1.6%), Vitamin E: 0.24mg (1.59%), Vitamin B12: 0.07µg (1.17%), Vitamin B1: 0.02mg (1.16%), Vitamin B3: 0.21mg (1.05%)