



EAGLE BRAND® Frozen Peanut Butter Pie

READY IN



50 min.

SERVINGS



8

CALORIES



733 kcal

Ingredients

- ☐ 0.3 cup butter
- ☐ 14 ounce eagle brand® condensed milk sweetened canned
- ☐ 8 ounce cream cheese softened
- ☐ 0.8 cup creamy peanut butter jif®
- ☐ 2.5 cups oven-toasted rice cereal
- ☐ 8 servings smucker's® chocolate fudge spoonable ice cream topping
- ☐ 2 tablespoons juice of lemon
- ☐ 6 ounce semi-sweet chocolate chips
- ☐ 1 teaspoon vanilla extract
- ☐ 1 cup whipping cream

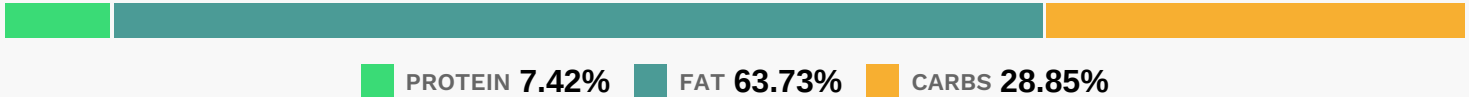
Equipment

- ☐ bowl
- ☐ sauce pan
- ☐ oven

Directions

- ☐ Chocolate Crunch Crust: In heavy saucepan, over low heat, melt butter or margarine and semi-sweet chocolate chips.
- ☐ Remove from heat; gently stir in oven-toasted rice cereal until completely coated. Press on bottom and up side to rim of buttered 9-inch or 10-inch pie plate. Chill 30 minutes.
- ☐ Pie filling: In large bowl, beat cream cheese until fluffy; gradually beat in sweetened condensed milk then peanut butter until smooth.
- ☐ Stir in lemon juice and vanilla. Fold in whipped cream. Turn into prepared crust.
- ☐ Drizzle topping over pie. Freeze 4 hours or until firm. Return leftovers to freezer.

Nutrition Facts



Properties

Glycemic Index:12.75, Glycemic Load:17.48, Inflammation Score:-8, Nutrition Score:19.455217682797%

Flavonoids

Eriodictyol: 0.18mg, Eriodictyol: 0.18mg, Eriodictyol: 0.18mg, Eriodictyol: 0.18mg Hesperetin: 0.54mg, Hesperetin: 0.54mg, Hesperetin: 0.54mg, Hesperetin: 0.54mg Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 732.54kcal (36.63%), Fat: 53.19g (81.82%), Saturated Fat: 24.08g (150.52%), Carbohydrates: 54.15g (18.05%), Net Carbohydrates: 51.08g (18.58%), Sugar: 40.45g (44.94%), Cholesterol: 80.4mg (26.8%), Sodium: 426.94mg (18.56%), Alcohol: 0.17g (100%), Alcohol %: 0.12% (100%), Caffeine: 18.36mg (6.12%), Protein: 13.94g (27.88%), Manganese: 0.95mg (47.5%), Phosphorus: 326.35mg (32.63%), Vitamin B2: 0.52mg (30.86%), Vitamin A: 1455.99IU (29.12%), Iron: 4.74mg (26.35%), Vitamin B3: 5.12mg (25.58%), Magnesium: 99.41mg (24.85%), Calcium: 247.89mg (24.79%), Folate: 93.41µg (23.35%), Vitamin E: 3.28mg (21.87%), Selenium: 15.13µg (21.62%), Copper:

0.41mg (20.46%), Zinc: 3.04mg (20.27%), Vitamin B6: 0.33mg (16.26%), Potassium: 533.99mg (15.26%), Vitamin B1: 0.22mg (14.46%), Vitamin B12: 0.85µg (14.14%), Fiber: 3.07g (12.28%), Vitamin B5: 1.07mg (10.68%), Vitamin D: 0.89µg (5.92%), Vitamin C: 4.81mg (5.83%), Vitamin K: 3.56µg (3.39%)