

SIDE DISH

Easiest Ever Baked Stuffed Apples

24 September 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
30 min	5 min	25 min	4	\$1.58	542 kcal



Easiest Ever Baked Stuffed Apples is a side dish that serves 4. One portion of this dish contains approximately 8g of protein, 30g of fat, and a total of 542 calories. For \$1.58 per serving, this recipe covers 11% of your daily requirements of vitamins and minerals. 1 person were glad they tried thi...

Ingredients

- ☐ 4 McIntosh apples
- ☐ 2 tablespoons dark brown sugar
- ☐ ¾ cup whole-grain cereal with dried fruit
(recommended: Mueslix)
with fruit recommended: mueslix
- ☐ ¼ cup chopped walnuts
- ☐ 4 tablespoons butter, softened
- ☐ ½ lemon
- ☐ 1 pint vanilla ice cream

EQUIPMENT Bowl, Oven, Muffin tray

Method

- 1

Watch how to make this recipe.
- 2

Heat the oven to 425 degrees F.
- 3

Trim the tops and scoop out the center and the seeds of each apple and rub the edges of the trimmed fruit with the lemon. In a medium bowl, combine the butter, cereal, sugar, and walnuts. Fill the apples with the cereal mixture. Set the apples upright in muffin tins and bake until tender and bubbly, about 20 minutes.
- 4

Transfer to serving dishes, top with ice cream and serve hot.

Nutrition per serving			
	542	8 g	30 g
	KCAL	PROTEIN	FAT
			66 g
			CARBS
Saturated Fat			15.7 g · 98% of daily needs
Fibre			6.5 g · 26% of daily needs
Sugar			52.4 g · 58% of daily needs
Sodium			216 mg · 9% of daily needs
Cholesterol			82.2 mg · 27% of daily needs
Vitamin C			18.2 mg · 22% of daily needs

Adapted from Foodnetwork. Find this recipe, ratings and more ideas at whatsheate.com/easiest-ever-baked-stuffed-apples-144936