



## Easter Creamy JELL-O JIGGLERS

 **Gluten Free**

READY IN



**230 min.**

SERVINGS



**50**

CALORIES



**33 kcal**

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 12 oz jell-o gelatin
- 3.4 oz jell-o vanilla flavor pudding instant
- 1 cup milk cold
- 2.5 cups water boiling
- 50 servings decorating gels assorted
- 50 servings decorating gels assorted

### Equipment

- bowl

- frying pan
- whisk
- cookie cutter

## Directions

- Add boiling water to gelatin mixes in large bowl; stir 2 min. until completely dissolved. Cool 30 min. at room temperature.
- Beat pudding mix and milk with whisk 2 min.
- Add to gelatin; stir until blended.
- Pour into 13x9-inch pan.
- Refrigerate 3 hours or until firm. Dip bottom of pan in warm water 15 sec. Use 2-inch egg-shaped cookie cutter to cut gelatin into 24 shapes, being careful to cut all the way through gelatin to bottom of pan.
- Remove JIGGLERS from pan. Decorate with gels to resemble Easter eggs. Keep refrigerated.

## Nutrition Facts



## Properties

Glycemic Index:0.76, Glycemic Load:0.09, Inflammation Score:-1, Nutrition Score:0.81434781938467%

## Nutrients (% of daily need)

Calories: 33.03kcal (1.65%), Fat: 0.17g (0.26%), Saturated Fat: 0.1g (0.61%), Carbohydrates: 2.03g (0.68%), Net Carbohydrates: 2.02g (0.73%), Sugar: 1.76g (1.96%), Cholesterol: 0.59mg (0.2%), Sodium: 28.02mg (1.22%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 5.99g (11.98%), Copper: 0.15mg (7.47%), Selenium: 2.8µg (4%), Vitamin B2: 0.02mg (1.33%), Calcium: 10.2mg (1.02%)