

Easter Whoopie Pies



45 min.





DESSERT

Ingredients

1 box cake mix yellow

0.5 cup butter softened

2 eggs beaten

16 oz vanilla frosting

1 serving food coloring red

Equipment

bowl

baking sheet

	baking paper
	oven
	hand mixer
Directions	
	Heat oven to 350°F. Line 2 cookie sheets with cooking parchment paper or silicone baking mat.
	In large bowl, beat cake mix, butter and eggs with electric mixer on medium speed until well combined (batter will be very thick). Using 1-inch cookie scoop, drop dough about 2 inches apart onto cookie sheets.
	Bake 10 to 12 minutes or until set.
	Remove from cookie sheets to cooling racks; cool completely, about 15 minutes.
	Spoon frosting into small bowl.
	Add few drops red food color to make pink; stir until well blended. For each whoopie pie, spread desired amount of frosting on bottom of 1 cookie. Top with second cookie, bottom side down; gently press together.
Nutrition Facts	
	PROTEIN 2.62% FAT 35.61% CARBS 61.77%
	FROTEIN 2.02 /0 FAT 33.01 /0 CARBS 01.77 /0

Properties

Glycemic Index:7.75, Glycemic Load:11.04, Inflammation Score:-2, Nutrition Score:4.9778260821881%

Nutrients (% of daily need)

Calories: 394.85kcal (19.74%), Fat: 15.69g (24.14%), Saturated Fat: 6.91g (43.2%), Carbohydrates: 61.23g (20.41%), Net Carbohydrates: 60.71g (22.08%), Sugar: 42.53g (47.26%), Cholesterol: 47.62mg (15.87%), Sodium: 454.43mg (19.76%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 2.6g (5.2%), Phosphorus: 157.15mg (15.72%), Vitamin B2: 0.25mg (14.73%), Calcium: 98.42mg (9.84%), Folate: 36.05µg (9.01%), Vitamin E: 1.27mg (8.47%), Vitamin B1: 0.11mg (7.11%), Vitamin K: 6.85µg (6.52%), Iron: 1.09mg (6.04%), Vitamin A: 275.96IU (5.52%), Vitamin B3: 1.09mg (5.45%), Selenium: 3.68µg (5.25%), Manganese: 0.08mg (4.22%), Vitamin B5: 0.3mg (3%), Vitamin B6: 0.05mg (2.3%), Vitamin B12: 0.12µg (2.07%), Fiber: 0.52g (2.07%), Copper: 0.04mg (1.81%), Zinc: 0.25mg (1.64%), Magnesium: 5.76mg (1.44%), Potassium: 45.49mg (1.3%)