

Easy Asiago-Olive Rolls







Ingredients

0.5 cup asiago cheese grated
1 tablespoon butter melted
1 teaspoon rosemary fresh chopped
0.3 cup olive tapenade refrigerated
100

13.8 oz classic pizza crust dough refrigerated canned

Equipment

oven
cake form

Directions Preheat oven to 45 Unroll pizza crust dough. Spread olive tapenade over dough, leaving a 1/4-inch border. Sprinkle with cheese and rosemary. Gently roll up dough, starting at 1 long side. Cut into 10 (11/4-inch-thick) slices. Place slices in a lightly greased 9-inch round cake pan. Brush top of dough with melted butter. Bake 15 to 20 minutes or until golden. Serve immediately. Nutrition Facts

Properties

Glycemic Index:7.7, Glycemic Load:0.04, Inflammation Score:-1, Nutrition Score:1.1408695567237%

Nutrients (% of daily need)

Calories: 125.89kcal (6.29%), Fat: 3.64g (5.6%), Saturated Fat: 1.84g (11.51%), Carbohydrates: 18.83g (6.28%), Net Carbohydrates: 18.24g (6.63%), Sugar: 2.47g (2.74%), Cholesterol: 6.41mg (2.14%), Sodium: 371.96mg (16.17%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 4.81g (9.62%), Iron: 1.1mg (6.1%), Calcium: 59.57mg (5.96%), Phosphorus: 35.04mg (3.5%), Fiber: 0.59g (2.35%), Selenium: 1.14µg (1.63%), Vitamin A: 74.33IU (1.49%), Vitamin B12: 0.06µg (1.04%), Vitamin B2: 0.02mg (1.01%)