



Easy Baked Beef & Ravioli

READY IN



35 min.

SERVINGS



35

CALORIES



54 kcal

SIDE DISH

ANTIPASTI

STARTER

SNACK

Ingredients

- 9 oz four cheese ravioli refrigerated cooked drained
- 0.5 lb ground beef cooked drained
- 2 Tbsp parmesan cheese grated kraft
- 0.8 cup mozzarella cheese shredded divided kraft
- 1.8 cups classico tomato and basil pasta sauce

Equipment

- bowl
- oven

casserole dish

Directions

Preheat oven to 375F.

Combine meat and sauce in large bowl.

Add pasta and 1/2 cup of the mozzarella cheese; mix lightly.

Spoon into 2-qt. casserole dish; top with remaining 1/4 cup mozzarella cheese and the Parmesan cheese.

Bake 20 min. or until heated through.

Nutrition Facts



Properties

Glycemic Index:1.89, Glycemic Load:1.11, Inflammation Score:-1, Nutrition Score:1.1599999863816%

Nutrients (% of daily need)

Calories: 53.64kcal (2.68%), Fat: 2.92g (4.5%), Saturated Fat: 1.17g (7.29%), Carbohydrates: 3.74g (1.25%), Net Carbohydrates: 3.34g (1.21%), Sugar: 0.62g (0.69%), Cholesterol: 10.68mg (3.56%), Sodium: 92.87mg (4.04%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.9g (5.8%), Iron: 0.93mg (5.19%), Vitamin B12: 0.2µg (3.29%), Zinc: 0.35mg (2.36%), Selenium: 1.48µg (2.11%), Phosphorus: 20.55mg (2.05%), Calcium: 19.27mg (1.93%), Fiber: 0.41g (1.63%), Vitamin B3: 0.28mg (1.38%), Potassium: 39.85mg (1.14%), Vitamin A: 56.2IU (1.12%), Vitamin B6: 0.02mg (1.1%), Vitamin B2: 0.02mg (1.02%)