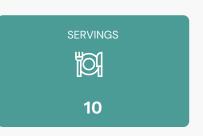


Easy Berry Butter Cake

Vegetarian







DESSERT

Ingredients

and)

0.5 teaspoon almond extract
O.8 teaspoon double-acting baking powder
2 large eggs at room temperature
1.5 cups flour all-purpose plus more for coating the pan
1 tablespoon granulated sugar
1 cup cup heavy whipping cream
0.5 cup mascarpone cheese at room temperature
1.5 pounds berries mixed washed hulled quartered (if you're using strawberries, they'll also need to be

	8 tablespoons butter unsalted softened plus more for coating the pan (1 stick)
	0.5 cup milk whole
	0.3 salt fine
Εq	uipment
	bowl
	oven
	whisk
	blender
	cake form
	stand mixer
	spatula
	serrated knife
Di	rections
	Heat the oven to 350°F and arrange a rack in the middle. Coat an 8-inch round cake pan with butter and flour, tap out the excess flour, and set the pan aside.
	Combine measured flour, baking powder, and salt in a medium bowl and whisk until evenly combined; set aside.
	Place measured butter in the bowl of a stand mixer fitted with a paddle attachment and beat on medium high until light in color and fluffy, about 3 to 5 minutes.
	Add sugar and continue to beat on medium high until white in color and the texture of wet sand, about 3 minutes more.
	Add eggs one at a time, letting each incorporate fully before adding the next. Stop the mixer and scrape down the sides of the bowl with a rubber spatula. With the mixer on low, add half of the flour mixture.
	Mix just until incorporated, then add milk and continue mixing until smooth.
	Add the rest of the flour mixture, mixing just until incorporated, about 2 minutes more. Scrape the batter into the prepared cake pan.
	Bake until a cake tester inserted into the center comes out clean, about 40 minutes.

	Place mascarpone in the bowl of a stand mixer fitted with a whisk attachment and whip on
	medium speed until smooth, about 1 minute.
	Add cream, sugar, and almond extract, increase speed to medium high, and whip until
	ingredients are combined and firm peaks form, about 15 seconds more. Cover and refrigerate
	until ready to use.To assemble:Slice cake in half horizontally using a serrated knife. Divide
	filling evenly between the cut side and the top of the cake. Divide berries evenly over the
	filling. Stack cakes on top of each other and serve.

Nutrition Facts

PROTEIN 6.29% 📕 FAT 64.27% 📒 CARBS 29.44%

Properties

Glycemic Index:27.51, Glycemic Load:11.48, Inflammation Score:-6, Nutrition Score:7.4991304563439%

Flavonoids

Cyanidin: 2.97mg, Cyanidin: 2.97mg, Cyanidin: 2.97mg, Cyanidin: 2.97mg Petunidin: 12.36mg, Petunidin: 12.36mg, Petunidin: 12.36mg, Petunidin: 12.36mg, Petunidin: 12.36mg, Petunidin: 14.69mg, Delphinidin: 14.69mg, Delphinidin: 14.69mg, Delphinidin: 14.69mg, Delphinidin: 14.69mg, Delphinidin: 14.69mg, Delphinidin: 33.78mg, Malvidin: 33.78mg, Malvidin: 33.78mg, Malvidin: 33.78mg, Malvidin: 33.78mg, Malvidin: 33.78mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Apigenin: 0.07mg, Kaempferol: 0.75mg, Kaempferol: 0.75mg, Kaempferol: 0.75mg, Kaempferol: 0.75mg, Kaempferol: 0.75mg, Myricetin: 1.2mg, Myricetin: 3.16mg, Quercetin: 3.16mg, Quercetin:

Nutrients (% of daily need)

Calories: 341.77kcal (17.09%), Fat: 24.7g (38%), Saturated Fat: 14.98g (93.64%), Carbohydrates: 25.46g (8.49%), Net Carbohydrates: 23.12g (8.41%), Sugar: 8.35g (9.28%), Cholesterol: 100.89mg (33.63%), Sodium: 75.26mg (3.27%), Alcohol: 0.07g (100%), Alcohol %: 0.06% (100%), Protein: 5.44g (10.88%), Vitamin A: 892.31lU (17.85%), Selenium: 10.56µg (15.09%), Vitamin B2: 0.23mg (13.49%), Vitamin B1: 0.19mg (12.34%), Vitamin K: 12.83µg (12.22%), Manganese: 0.23mg (11.62%), Folate: 45.06µg (11.27%), Fiber: 2.34g (9.38%), Phosphorus: 82.93mg (8.29%), Calcium: 80.68mg (8.07%), Vitamin B3: 1.5mg (7.51%), Iron: 1.23mg (6.82%), Vitamin E: 0.93mg (6.18%), Vitamin D: 0.88µg (5.89%), Vitamin B5: 0.44mg (4.39%), Vitamin B6: 0.08mg (4.08%), Vitamin B12: 0.21µg (3.53%), Potassium: 114.58mg (3.27%), Copper: 0.06mg (3.07%), Magnesium: 12.19mg (3.05%), Zinc: 0.43mg (2.84%), Vitamin C: 1.84mg (2.23%)