



## Easy Cheesy Potatoes

 **Gluten Free**  **Dairy Free**

READY IN



70 min.

SERVINGS



10

CALORIES



114 kcal

SIDE DISH

### Ingredients

- 4 slices oscar mayer bacon crumbled cooked
- 1 lb baking potatoes cut into 1/2-inch chunks ( 3)
- 0.3 cup real mayo mayonnaise kraft
- 0.5 cup onions chopped
- 8 oz velveeta cut into 1/2-inch cubes
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### Equipment

- oven

baking pan

## Directions

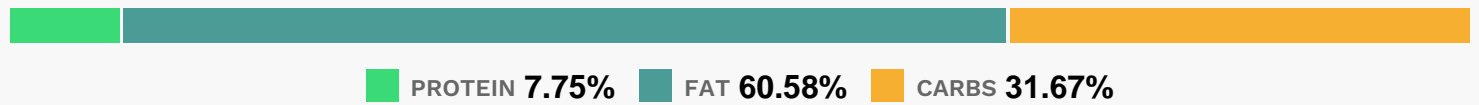
Heat oven to 375F.

Combine all ingredients except bacon in 8-inch square baking dish sprayed with cooking spray; cover.

Bake 45 min.

Top with bacon; bake, uncovered, 5 to 10 min. or until potatoes are tender.

## Nutrition Facts



## Properties

Glycemic Index:16.17, Glycemic Load:6.63, Inflammation Score:-1, Nutrition Score:3.0947825999364%

## Flavonoids

Isorhamnetin: 0.4mg, Isorhamnetin: 0.4mg, Isorhamnetin: 0.4mg, Isorhamnetin: 0.4mg Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg Quercetin: 1.62mg, Quercetin: 1.62mg, Quercetin: 1.62mg, Quercetin: 1.62mg

## Nutrients (% of daily need)

Calories: 113.81kcal (5.69%), Fat: 7.73g (11.89%), Saturated Fat: 1.84g (11.5%), Carbohydrates: 9.09g (3.03%), Net Carbohydrates: 8.36g (3.04%), Sugar: 0.65g (0.72%), Cholesterol: 8.16mg (2.72%), Sodium: 96.4mg (4.19%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.22g (4.45%), Vitamin K: 9.98µg (9.5%), Vitamin B6: 0.19mg (9.5%), Potassium: 219.37mg (6.27%), Vitamin B1: 0.07mg (4.38%), Vitamin B3: 0.83mg (4.16%), Manganese: 0.08mg (4.14%), Phosphorus: 41.12mg (4.11%), Vitamin C: 3.18mg (3.85%), Magnesium: 12.34mg (3.09%), Selenium: 2.12µg (3.03%), Fiber: 0.73g (2.9%), Copper: 0.05mg (2.73%), Iron: 0.45mg (2.53%), Vitamin B5: 0.2mg (2.05%), Folate: 8.15µg (2.04%), Zinc: 0.26mg (1.72%), Vitamin E: 0.23mg (1.52%), Vitamin B2: 0.03mg (1.49%)