



## Easy Chocolate Fudge

 **Gluten Free**  **Popular**

READY IN



**130 min.**

SERVINGS



**25**

CALORIES



**131 kcal**

### Ingredients

- 12 oz baker's semi-sweet chocolate
- 14 oz condensed milk sweetened canned
- 2 tsp vanilla
- 25 servings optional add-ins (See Tips.)
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### Equipment

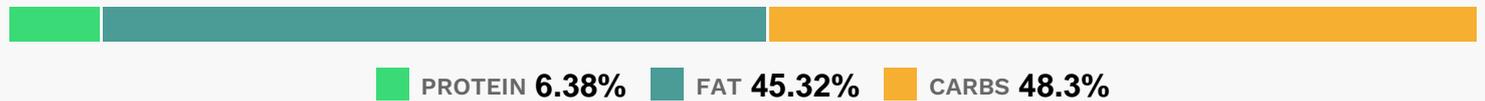
- bowl
- frying pan
- aluminum foil

microwave

## Directions

- Line 8-inch square pan with foil, with ends of foil extending over sides of pan. Set aside.
- Microwave chocolate and milk in microwaveable bowl on HIGH 2 to 3 min. or until chocolate is almost melted, stirring after 2 min.
- Stir until chocolate is completely melted. Blend in vanilla and add-ins.
- Spread into prepared pan.
- Refrigerate 2 hours or until firm. Use foil handles to lift fudge from pan before cutting into squares to serve.

## Nutrition Facts



## Properties

Glycemic Index:2.44, Glycemic Load:5.27, Inflammation Score:-1, Nutrition Score:3.1830434987079%

## Nutrients (% of daily need)

Calories: 130.72kcal (6.54%), Fat: 6.59g (10.15%), Saturated Fat: 3.87g (24.18%), Carbohydrates: 15.81g (5.27%), Net Carbohydrates: 14.72g (5.35%), Sugar: 13.67g (15.19%), Cholesterol: 6.21mg (2.07%), Sodium: 21.55mg (0.94%), Alcohol: 0.12g (100%), Alcohol %: 0.49% (100%), Caffeine: 11.7mg (3.9%), Protein: 2.09g (4.18%), Manganese: 0.18mg (9.1%), Copper: 0.17mg (8.62%), Phosphorus: 75.57mg (7.56%), Magnesium: 28.12mg (7.03%), Calcium: 53.56mg (5.36%), Selenium: 3.49µg (4.99%), Iron: 0.89mg (4.95%), Fiber: 1.09g (4.35%), Vitamin B2: 0.07mg (4.3%), Potassium: 136.55mg (3.9%), Zinc: 0.51mg (3.4%), Vitamin B5: 0.16mg (1.6%), Vitamin B12: 0.09µg (1.57%), Vitamin B1: 0.02mg (1.25%), Vitamin K: 1.08µg (1.02%)