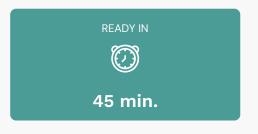


Easy Cinnamon Bread







Ingredients

8	tablespoons butter melted plus more for the pan (1 stick)
1 t	ablespoon cinnamon
2	pound pizza dough refrigerated
10	cup sugar

Equipment

Lquipinent		
	bowl	
	frying pan	
	oven	
	kugelhopf pan	

Directions Heat oven to 375 F.Tear off small bits of the dough and roll them into 1- to 11/2-inch balls. Place the balls on a plate. Combine the cinnamon and sugar in a bowl. Dip each ball in the butter, then in the cinnamon sugar. Transfer the balls to a buttered Bundt pan. Drizzle any remaining butter over the top and sprinkle with any remaining cinnamon sugar. Bake until golden brown, about 40 minutes. Remove from oven and let cool for 5 minutes. Place a plate on top of the pan and carefully flip it over. Tap the bottom to release the bread. Transfer to a plate and let people pull the bread apart with their fingers. Nutrition Facts

Properties

Glycemic Index:15.64, Glycemic Load:17.47, Inflammation Score:-1, Nutrition Score:2.2013043220276%

Nutrients (% of daily need)

Calories: 478.06kcal (23.9%), Fat: 14.96g (23.02%), Saturated Fat: 8.07g (50.45%), Carbohydrates: 79.81g (26.6%), Net Carbohydrates: 77.57g (28.21%), Sugar: 32.01g (35.57%), Cholesterol: 30.1mg (10.03%), Sodium: 910.24mg (39.58%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 8.89g (17.78%), Iron: 3.16mg (17.56%), Fiber: 2.23g (8.93%), Manganese: 0.18mg (8.78%), Vitamin A: 352.81IU (7.06%), Vitamin E: 0.35mg (2.32%), Calcium: 13.63mg (1.36%), Vitamin K: 1.29µg (1.23%)