

Easy Frozen Margaritas

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



45 min.

SERVINGS



8

CALORIES



46 kcal

SIDE DISH

Ingredients

- 2 quarts ice cubes
- 8 servings kosher salt for the rims
- 1 slices lime cut in half
- 12 fluid ounce limeade concentrate frozen canned
- 12 fluid ounces limeade more with empty limeade can)
- 0.3 cup frangelico
- 0.3 cup frangelico

Equipment

blender

Directions

- Working in 2 batches, place 1 quart ice cubes in a blender.
- Add 1/2 can limeade, 6 ounces tequila and 2 tablespoons Cointreau. Blend at highest speed until drink is almost smooth.
- Pour into a pitcher and repeat with remaining ingredients. Store in the freezer.
- To salt the margarita glasses, pour a single layer of salt on a salad plate. Moisten each glass rim with lime; dip each rim in the salt.
- Pour margaritas into each glass; garnish with lime.
- Serve immediately.

Nutrition Facts

 PROTEIN **0.05%**  FAT **0.03%**  CARBS **99.92%**

Properties

Glycemic Index:4, Glycemic Load:0.02, Inflammation Score:-1, Nutrition Score:0.30999999793003%

Flavonoids

Hesperetin: 0.38mg, Hesperetin: 0.38mg, Hesperetin: 0.38mg, Hesperetin: 0.38mg Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg

Nutrients (% of daily need)

Calories: 45.82kcal (2.29%), Fat: 0g (0%), Saturated Fat: 0g (0%), Carbohydrates: 12.02g (4.01%), Net Carbohydrates: 11.99g (4.36%), Sugar: 11.15g (12.39%), Cholesterol: 0mg (0%), Sodium: 209.78mg (9.12%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.01g (0.01%), Copper: 0.05mg (2.28%), Vitamin C: 1.63mg (1.98%)