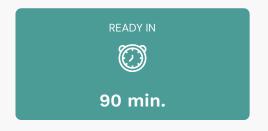


Easy Holiday Cutout Cookies

airy Free







DESSERT

Ingredients

17.5 oz sugar cookie mix
1 serving basic cookie mix for on cookie mix pouch for cutout cookies
12 oz fluffy frosting white
1 serving chocolate icing assorted (colors, as desired)
1 serving m&m candies green yellow

1 serving frangelico assorted (colors, as desired)

Equipment

bowl

	baking sheet	
	oven	
	cookie cutter	
Diı	rections	
	Heat oven to 375°F. In medium bowl, stir cookie mix, flour, butter and egg until soft dough forms.	
	Roll dough on floured surface to about 1/4 inch thick.	
	Cut with cookie cutters.	
	Place 1 inch apart on ungreased cookie sheet.	
	Bake 7 to 9 minutes or until light golden brown around edges. Cool 1 minute before removing from cookie sheet; cool completely.	
	Spread frosting on cooled cookies. Decorate as desired with remaining ingredients.	
Nutrition Facts		
	PROTEIN 2.08% FAT 22.78% CARBS 75.14%	

Properties

Glycemic Index:3.58, Glycemic Load:4.48, Inflammation Score:1, Nutrition Score:0.4647826080251%

Nutrients (% of daily need)

Calories: 148.66kcal (7.43%), Fat: 3.75g (5.77%), Saturated Fat: 0.55g (3.42%), Carbohydrates: 27.85g (9.28%), Net Carbohydrates: 27.83g (10.12%), Sugar: 19.68g (21.87%), Cholesterol: 0.09mg (0.03%), Sodium: 87.76mg (3.82%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.77g (1.54%), Vitamin B2: 0.05mg (3.14%), Vitamin K: 1.99µg (1.9%), Vitamin E: 0.23mg (1.56%), Folate: 4.53µg (1.13%)