



Easy Holiday Cutouts



Dairy Free

READY IN



90 min.

SERVINGS



24

CALORIES



188 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.3 cup butter softened
- ☐ 1 eggs
- ☐ 1 tablespoon flour all-purpose gold medal®
- ☐ 1 container fluffy frosting white betty crocker®
- ☐ 1 pouch sugar cookie mix betty crocker® (1 lb 1.5 oz)

Equipment

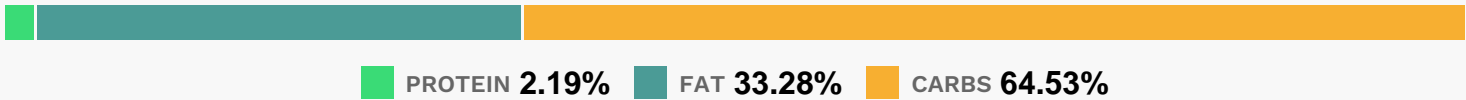
- ☐ bowl
- ☐ baking sheet

- ☐ oven
- ☐ cookie cutter

Directions

- ☐ Heat oven to 375°F. In medium bowl, stir cookie mix, flour, softened butter and egg until soft dough forms.
- ☐ On floured surface, roll dough to about 1/4-inch thickness.
- ☐ Cut with about 2 1/2- to 3-inch cookie cutters. On ungreased cookie sheets, place cutouts 1 inch apart.
- ☐ Bake 7 to 9 minutes or until edges are light golden brown. Cool 1 minute; remove from cookie sheets. Cool completely, about 15 minutes.
- ☐ Spread frosting on cooled cookies. Decorate as desired with icing, sprinkles and sugars. Store cookies in tightly covered container.

Nutrition Facts



Properties

Glycemic Index:4.92, Glycemic Load:5.79, Inflammation Score:-1, Nutrition Score:0.89608695746764%

Nutrients (% of daily need)

Calories: 188.09kcal (9.4%), Fat: 6.95g (10.69%), Saturated Fat: 1.16g (7.23%), Carbohydrates: 30.32g (10.11%), Net Carbohydrates: 30.31g (11.02%), Sugar: 21.74g (24.16%), Cholesterol: 6.82mg (2.27%), Sodium: 126.8mg (5.51%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.03g (2.06%), Vitamin B2: 0.08mg (4.49%), Vitamin E: 0.41mg (2.74%), Vitamin A: 122.67IU (2.45%), Vitamin K: 2.51µg (2.39%), Folate: 6.31µg (1.58%), Vitamin B1: 0.02mg (1.19%)