



Easy Leftover Thanksgiving Turkey Pot Pie

READY IN

ready

40 min.

SERVINGS

servings

11

CALORIES

calories

248 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 2.3 cups biscuit baking mix bisquick® such as
- ☐ 14.5 ounce carrots drained sliced canned
- ☐ 0.3 cup chicken stock see
- ☐ 10.8 ounce cream of chicken soup canned
- ☐ 11 servings salt and ground pepper black to taste
- ☐ 0.7 cup milk
- ☐ 2.5 cups turkey cooked chopped
- ☐ 15 ounce potatoes white drained sliced chopped canned
- ☐ 15.5 ounce kernel corn whole drained canned

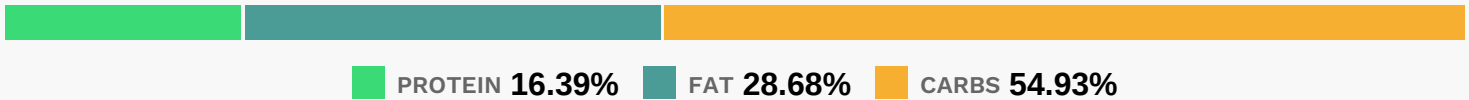
Equipment

- ☐ bowl
- ☐ oven
- ☐ baking pan

Directions

- ☐ Preheat oven to 400 degrees F (200 degrees C). Grease an 9x11-inch baking dish.
- ☐ In a large bowl, gently mix together the cooked turkey, cream of chicken soup, corn, carrots, potatoes, and chicken stock until thoroughly combined. Season to taste with salt and black pepper.
- ☐ Transfer the mixture to the prepared baking dish. In a second bowl, mix the baking mix and milk to form a dough; roll the dough out to a 9x12-inch rectangle on a floured work surface.
- ☐ Place the dough on top of the baking dish.
- ☐ Bake in the preheated oven until the filling is bubbling and the biscuit dough topping is browned, about 25 minutes.

Nutrition Facts



Properties

Glycemic Index:22.14, Glycemic Load:7.26, Inflammation Score:-10, Nutrition Score:14.56260869814%

Flavonoids

Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg Kaempferol: 0.4mg, Kaempferol: 0.4mg, Kaempferol: 0.4mg, Kaempferol: 0.4mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.35mg, Quercetin: 0.35mg, Quercetin: 0.35mg, Quercetin: 0.35mg

Nutrients (% of daily need)

Calories: 247.58kcal (12.38%), Fat: 7.89g (12.14%), Saturated Fat: 2.18g (13.61%), Carbohydrates: 34g (11.33%), Net Carbohydrates: 31.57g (11.48%), Sugar: 5.89g (6.55%), Cholesterol: 20.91mg (6.97%), Sodium: 639.65mg (27.81%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 10.14g (20.29%), Vitamin A: 6332.5IU (126.65%), Phosphorus: 261.58mg (26.16%), Vitamin B3: 4.14mg (20.68%), Vitamin B6: 0.33mg (16.61%), Vitamin B1: 0.23mg (15.16%), Folate: 57.98µg (14.49%), Vitamin B2: 0.23mg (13.36%), Potassium: 462.1mg (13.2%), Vitamin C: 10.61mg (12.86%),

Manganese: 0.25mg (12.67%), Selenium: 7.74µg (11.05%), Fiber: 2.44g (9.75%), Iron: 1.69mg (9.39%), Calcium: 86.87mg (8.69%), Copper: 0.17mg (8.3%), Magnesium: 32.83mg (8.21%), Vitamin K: 8.62µg (8.21%), Vitamin B12: 0.45µg (7.52%), Vitamin B5: 0.73mg (7.26%), Zinc: 1.01mg (6.75%), Vitamin E: 0.46mg (3.08%), Vitamin D: 0.23µg (1.54%)