



## Easy Lemon Cake

READY IN



85 min.

SERVINGS



16

CALORIES



210 kcal

DESSERT

### Ingredients

- 6.8 ounce jell-o vanilla flavor pudding instant
- 18.3 ounce lemon cake mix
- 1.5 cups milk cold
- 8 ounce non-dairy whipped topping thawed

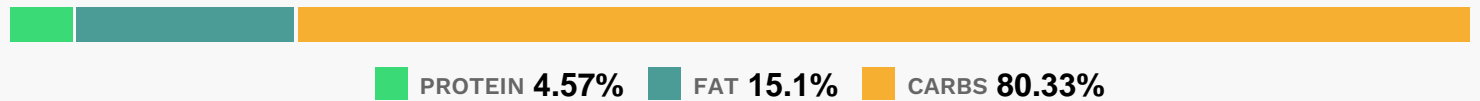
### Equipment

- oven
- whisk

## Directions

- Prepare cake batter and bake as directed on package for 2 (8- or 9-inch) round cake layers. Cool 10 min.
- Remove to wire racks; cool completely.
- Beat pudding mixes and milk with whisk 2 min. Immediately spread over tops of cake layers.
- Stack cake layers. Frost with COOL WHIP. Keep refrigerated.

## Nutrition Facts



## Properties

Glycemic Index:2.38, Glycemic Load:0.41, Inflammation Score:-1, Nutrition Score:3.4060869398324%

## Nutrients (% of daily need)

Calories: 210.14kcal (10.51%), Fat: 3.54g (5.44%), Saturated Fat: 2.56g (16.01%), Carbohydrates: 42.33g (14.11%), Net Carbohydrates: 41.87g (15.22%), Sugar: 28g (31.11%), Cholesterol: 3.03mg (1.01%), Sodium: 330.81mg (14.38%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.41g (4.82%), Phosphorus: 134.08mg (13.41%), Calcium: 107.03mg (10.7%), Vitamin B2: 0.12mg (7.09%), Vitamin B1: 0.09mg (6.02%), Folate: 22.41µg (5.6%), Vitamin B3: 0.79mg (3.93%), Iron: 0.7mg (3.87%), Manganese: 0.06mg (3.18%), Vitamin B12: 0.18µg (3.07%), Selenium: 1.85µg (2.65%), Vitamin E: 0.38mg (2.53%), Vitamin B6: 0.04mg (2.08%), Vitamin B5: 0.2mg (2.03%), Potassium: 66.24mg (1.89%), Fiber: 0.46g (1.84%), Magnesium: 6.97mg (1.74%), Vitamin D: 0.25µg (1.68%), Vitamin K: 1.46µg (1.39%), Copper: 0.03mg (1.37%), Zinc: 0.2mg (1.32%)