



Easy Monster Cookies

 Dairy Free  Popular

READY IN



60 min.

SERVINGS



18

CALORIES



499 kcal

DESSERT

Ingredients

- 17.5 oz chocolate chip cookie mix
- 1 pouch peanut butter sandwich cookie crumbs (1 lb 1.5 oz)
- 1.5 cups oats
- 1 cup butter softened
- 3 eggs
- 2 cups m&m candies

Equipment

- bowl

baking sheet

oven

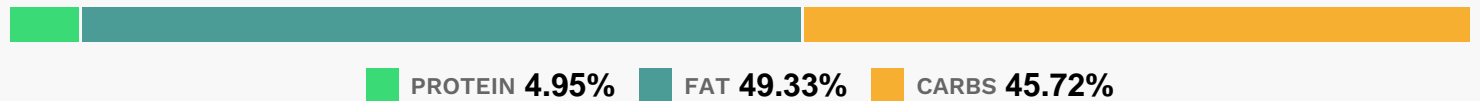
Directions

Heat oven to 375°F. In large bowl, stir all ingredients except candies until soft dough forms. Stir in candies.

On ungreased cookie sheets, place about 1/4 cupfuls dough about 3 inches apart.

Bake 12 to 13 minutes or until light golden brown. Cool 2 minutes; remove from cookie sheets. Cool completely. Store in covered container at room temperature.

Nutrition Facts



Properties

Glycemic Index:6.31, Glycemic Load:11.29, Inflammation Score:-4, Nutrition Score:4.7173913328544%

Nutrients (% of daily need)

Calories: 498.98kcal (24.95%), Fat: 27.78g (42.74%), Saturated Fat: 9.38g (58.65%), Carbohydrates: 57.94g (19.31%), Net Carbohydrates: 54.92g (19.97%), Sugar: 34.33g (38.15%), Cholesterol: 32.95mg (10.98%), Sodium: 470.55mg (20.46%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 6.28g (12.55%), Manganese: 0.29mg (14.63%), Fiber: 3.01g (12.06%), Vitamin A: 542.47IU (10.85%), Vitamin B1: 0.13mg (8.78%), Iron: 1.41mg (7.85%), Magnesium: 28.6mg (7.15%), Selenium: 4.55µg (6.5%), Phosphorus: 61.87mg (6.19%), Folate: 24.2µg (6.05%), Vitamin B2: 0.1mg (5.64%), Calcium: 37.87mg (3.79%), Vitamin E: 0.52mg (3.43%), Vitamin B3: 0.62mg (3.08%), Zinc: 0.45mg (2.99%), Potassium: 89.77mg (2.56%), Vitamin B5: 0.17mg (1.71%), Copper: 0.03mg (1.51%), Vitamin B12: 0.08µg (1.3%), Vitamin B6: 0.02mg (1.02%)