



Easy Muddy Buddies® Snickerdoodle White Fudge

READY IN



120 min.

SERVINGS



64

CALORIES



79 kcal

DESSERT

Ingredients

- 3 oz baker's chocolate white (from 4-oz package)
- 2 tablespoons butter cut into pieces
- 2 cups asian rice cracker snack mix crushed chex mix® muddy buddies®
- 14 oz condensed milk sweetened canned (not evaporated)
- 16 oz peppermint candies white
- 0.5 teaspoon vanilla
- 0.5 cup asian rice cracker snack mix crushed chex mix® muddy buddies®
- 1 serving sugar red

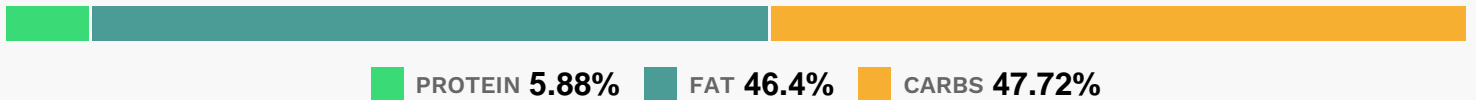
Equipment

- bowl
- frying pan
- sauce pan
- aluminum foil
- microwave

Directions

- Line 8-inch square pan with foil, leaving foil hanging over 2 sides for easy removal. Grease foil with butter.
- In medium microwavable bowl, microwave white chocolate and butter uncovered on Medium-High (70%) 1 minute 30 seconds to 2 minutes, stirring every 30 seconds, until mixture can be stirred smooth. Stir in the 2 cups snack mix that has been crushed, until completely coated; press in pan. Set aside.
- In 2-quart saucepan, heat condensed milk and vanilla baking chips over low heat, stirring frequently, until melted. Quickly stir in vanilla.
- Spread over snack mix layer in pan.
- Sprinkle with the 1/2 cup snack mix that has been crushed.
- Sprinkle with red sugar. Refrigerate about 2 hours or until set.
- Remove fudge from pan.
- Cut into 8 by 8 rows. Store tightly covered up to 2 weeks with waxed paper between layers.

Nutrition Facts



Properties

Glycemic Index:2.83, Glycemic Load:2.19, Inflammation Score:-1, Nutrition Score:1.2608695639216%

Flavonoids

Catechin: 0.85mg, Catechin: 0.85mg, Catechin: 0.85mg, Catechin: 0.85mg Epicatechin: 1.88mg, Epicatechin: 1.88mg, Epicatechin: 1.88mg, Epicatechin: 1.88mg

Nutrients (% of daily need)

Calories: 78.69kcal (3.93%), Fat: 4.27g (6.56%), Saturated Fat: 3.13g (19.57%), Carbohydrates: 9.88g (3.29%), Net Carbohydrates: 9.52g (3.46%), Sugar: 7.77g (8.63%), Cholesterol: 3.14mg (1.05%), Sodium: 31.18mg (1.36%), Alcohol: 0.01g (100%), Alcohol %: 0.08% (100%), Protein: 1.22g (2.43%), Manganese: 0.07mg (3.72%), Calcium: 30.83mg (3.08%), Phosphorus: 24.96mg (2.5%), Copper: 0.05mg (2.39%), Vitamin B2: 0.03mg (2.03%), Iron: 0.34mg (1.91%), Magnesium: 7.13mg (1.78%), Selenium: 1.19µg (1.7%), Zinc: 0.22mg (1.5%), Fiber: 0.35g (1.41%), Potassium: 38.93mg (1.11%), Vitamin B1: 0.02mg (1.04%)