



Easy Muddy Buddies® Snickerdoodle White Fudge



Vegetarian



Popular

READY IN



120 min.

SERVINGS



64

CALORIES



106 kcal

DESSERT

Ingredients

- ☐ 3 oz baker's chocolate white (from 4-oz package)
- ☐ 2 tablespoons butter cut into pieces
- ☐ 0.5 cup asian rice cracker snack mix crushed chex mix® muddy buddies®
- ☐ 2 cups asian rice cracker snack mix crushed chex mix® muddy buddies®
- ☐ 16 oz vanilla extract white
- ☐ 64 servings sugar red
- ☐ 14 oz condensed milk sweetened canned (not evaporated)

☐ 0.5 teaspoon vanilla

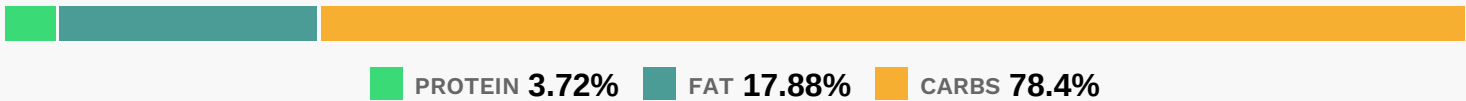
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ sauce pan
- ☐ aluminum foil
- ☐ microwave

Directions

- ☐ Line 8-inch square pan with foil, leaving foil hanging over 2 sides for easy removal. Grease foil with butter.
- ☐ In medium microwavable bowl, microwave white chocolate and butter uncovered on Medium-High (70%) 1 minute 30 seconds to 2 minutes, stirring every 30 seconds, until mixture can be stirred smooth. Stir in the 2 cups snack mix that has been crushed, until completely coated; press in pan. Set aside.
- ☐ In 2-quart saucepan, heat condensed milk and vanilla baking chips over low heat, stirring frequently, until melted. Quickly stir in vanilla.
- ☐ Spread over snack mix layer in pan.
- ☐ Sprinkle with the 1/2 cup snack mix that has been crushed.
- ☐ Sprinkle with red sugar. Refrigerate about 2 hours or until set.
- ☐ Remove fudge from pan.
- ☐ Cut into 8 by 8 rows. Store tightly covered up to 2 weeks with waxed paper between layers.

Nutrition Facts



Properties

Glycemic Index:2.83, Glycemic Load:10.44, Inflammation Score:-1, Nutrition Score:1.3395652032417%

Flavonoids

Catechin: 0.85mg, Catechin: 0.85mg, Catechin: 0.85mg, Catechin: 0.85mg Epicatechin: 1.88mg, Epicatechin: 1.88mg, Epicatechin: 1.88mg, Epicatechin: 1.88mg

Nutrients (% of daily need)

Calories: 106.1kcal (5.3%), Fat: 1.86g (2.86%), Saturated Fat: 1.03g (6.45%), Carbohydrates: 18.34g (6.11%), Net Carbohydrates: 17.99g (6.54%), Sugar: 16.43g (18.25%), Cholesterol: 3.14mg (1.05%), Sodium: 27.54mg (1.2%), Alcohol: 2.45g (100%), Alcohol %: 10.57% (100%), Protein: 0.87g (1.74%), Manganese: 0.09mg (4.56%), Copper: 0.05mg (2.68%), Vitamin B2: 0.04mg (2.56%), Phosphorus: 25.39mg (2.54%), Calcium: 21.1mg (2.11%), Magnesium: 7.98mg (1.99%), Iron: 0.36mg (1.99%), Selenium: 1.26µg (1.8%), Zinc: 0.23mg (1.56%), Potassium: 49.65mg (1.42%), Fiber: 0.35g (1.41%), Vitamin B1: 0.02mg (1.09%)