

Easy Peach Cobbler

 Popular

READY IN



45 min.

SERVINGS



12

CALORIES



422 kcal

DESSERT

Ingredients

- ☐ 0.5 cup butter
- ☐ 8 ounce cream cheese
- ☐ 0.5 teaspoon ground cinnamon
- ☐ 12 peaches fresh pitted sliced
- ☐ 1 cup water
- ☐ 18.3 ounce duncan hines classic decadent cake mix white
- ☐ 1 cup sugar white

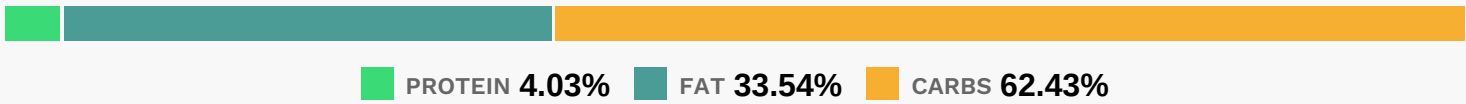
Equipment

- ☐ bowl
- ☐ oven
- ☐ baking pan

Directions

- ☐ Preheat oven to 350 degrees F (175 degrees C).
- ☐ Spread peach slices evenly into a 9x13 inch baking dish. If using canned peach juice, pour 1 cup of it over peach slices. If using fresh peaches, combine water and sugar in a small bowl. Stir to dissolve, then pour mixture over peaches.
- ☐ Sprinkle cinnamon over peach slices, followed by dry cake mix. Top cake mix with pats of cream cheese. Dot cobbler with butter or margarine.
- ☐ Bake in preheated oven for 45 minutes, until golden.

Nutrition Facts



Properties

Glycemic Index:16.03, Glycemic Load:17.11, Inflammation Score:-6, Nutrition Score:8.4143477807874%

Flavonoids

Cyanidin: 2.88mg, Cyanidin: 2.88mg, Cyanidin: 2.88mg, Cyanidin: 2.88mg Catechin: 7.38mg, Catechin: 7.38mg, Catechin: 7.38mg, Catechin: 7.38mg Epigallocatechin: 1.56mg, Epigallocatechin: 1.56mg, Epigallocatechin: 1.56mg Epigallocatechin: 1.56mg Epicatechin: 3.51mg, Epicatechin: 3.51mg, Epicatechin: 3.51mg, Epicatechin: 3.51mg Epigallocatechin 3-gallate: 0.45mg, Epigallocatechin 3-gallate: 0.45mg, Epigallocatechin 3-gallate: 0.45mg, Epigallocatechin 3-gallate: 0.45mg Kaempferol: 0.33mg, Kaempferol: 0.33mg, Kaempferol: 0.33mg, Kaempferol: 0.33mg Quercetin: 0.99mg, Quercetin: 0.99mg, Quercetin: 0.99mg, Quercetin: 0.99mg

Nutrients (% of daily need)

Calories: 421.73kcal (21.09%), Fat: 16.22g (24.96%), Saturated Fat: 9.55g (59.69%), Carbohydrates: 67.94g (22.65%), Net Carbohydrates: 65.17g (23.7%), Sugar: 48.08g (53.42%), Cholesterol: 39.42mg (13.14%), Sodium: 439.61mg (19.11%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 4.39g (8.77%), Phosphorus: 200.84mg (20.08%), Vitamin A: 979.43IU (19.59%), Selenium: 8.68µg (12.4%), Vitamin E: 1.85mg (12.36%), Calcium: 122.62mg (12.26%), Vitamin B3: 2.26mg (11.3%), Vitamin B2: 0.19mg (11.17%), Fiber: 2.77g (11.07%), Folate: 41.17µg (10.29%), Manganese: 0.2mg (9.86%), Vitamin B1: 0.13mg (8.96%), Copper: 0.16mg (8%), Iron: 1.39mg (7.71%), Vitamin C: 6.15mg (7.46%), Potassium: 237.64mg (6.79%), Vitamin K: 6.75µg (6.43%), Vitamin B5: 0.47mg (4.75%), Magnesium: 18.88mg (4.72%), Zinc: 0.65mg (4.34%), Vitamin B6: 0.06mg (3.03%)