

Easy Peanut Butter Marshmallow Krispie Topped Brownies

Popular







DESSERT

Ingredients

Ш	18.3 oz brownie mix plus eggs & oil (or whatever box calls for)
	3 tablespoons butter
	1 cup creamy peanut butter - regular type
	2 cups rice cereal crispy
	4 cups marshmallows (small ones)

1.3 cup semi-sweet chocolate chips

Equipment

	bowl
	frying pan
	oven
	wire rack
	aluminum foil
	microwave
Directions	
	Preheat oven to temperature directed on brownie package.Line a 13×9 inch pan with non-stick foil.Prepare brownies using amount of oil, eggs, water called for on box. Two minutes before they are supposed to be done, pull brownies from the oven and sprinkle marshmallows across top. Return to oven for 2 minutes to soften marshmallows.
	Remove from oven and spread soft marshmallows over top of brownies.
	Let cool completely on a wire rack.Prepare topping. In a microwave-safe bowl, combine chocolate chips, peanut butter and butter.
	Heat on high for 30 seconds. Stir and repeat until chocolate is melted and mixture is smooth.
	Add cereal and stir to coat. Drop spoonfuls of chocolate mixture over marshmallow layer, spreading as evenly as possible. Things will look gooey at this point, so don't even think about cutting.
	Put the brownies in the refrigerator for a few hours to chill.Lift from pan and score into squares (about 16 or 20).Half Batch Version
	This recipe halves well. Just cut everything in half (half a 19.5 oz box of brownie mix is 2 cups mix) and bake in a non-stick foil lined 8 inch square metal pan.
	Bake time will be about 22 minutes total.
Nutrition Facts	
	PROTEIN 6.26% FAT 42.57% CARBS 51.17%
	FROIEIR 0.20/0 FAI 42.31/0 CARDS 31.11/0

Properties

Glycemic Index:5.19, Glycemic Load:6.4, Inflammation Score:-2, Nutrition Score:3.9491304223952%

Nutrients (% of daily need)

Calories: 274.05kcal (13.7%), Fat: 13.29g (20.45%), Saturated Fat: 4.7g (29.39%), Carbohydrates: 35.95g (11.98%), Net Carbohydrates: 34.62g (12.59%), Sugar: 22.62g (25.13%), Cholesterol: 4.35mg (1.45%), Sodium: 131.54mg (5.72%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 8.36mg (2.79%), Protein: 4.4g (8.8%), Manganese: 0.29mg (14.37%), Copper: 0.18mg (9.12%), Magnesium: 36.03mg (9.01%), Iron: 1.48mg (8.23%), Vitamin B3: 1.58mg (7.88%), Vitamin E: 1.08mg (7.19%), Phosphorus: 64.98mg (6.5%), Fiber: 1.33g (5.31%), Zinc: 0.55mg (3.7%), Potassium: 118.6mg (3.39%), Folate: 11.82µg (2.95%), Vitamin B6: 0.05mg (2.57%), Selenium: 1.65µg (2.36%), Vitamin B2: 0.03mg (1.77%), Vitamin B1: 0.03mg (1.67%), Vitamin B5: 0.15mg (1.46%), Calcium: 12.23mg (1.22%)