

Easy PHILLY OREO Cheesecake

Vegetarian







DESSERT

Ingredients

3 tablespoons butter melted

750 g cream cheese softened

3 eggs

24 oreo cookies divided

0.8 cup sugar

1 teaspoon vanilla

Equipment

bowl

	oven
	hand mixer
	ziploc bags
	springform pan
	rolling pin
Directions	
	Heat oven to 350 degrees F.
	Place 16 of the cookies in resealable plastic bag. Flatten bag to remove excess air, then seal bag. Finely crush cookies by rolling a rolling pin across the bag.
	Place in bowl.
	Add butter; mix well. Press firmly onto bottom of 9-inch springform pan.
	Beat cream cheese, sugar and vanilla in large bowl with electric mixer on medium speed until well blended.
	Add eggs, 1 at a time, beating just until blended after each addition. Chop or crush remaining 8 cookies. Gently stir half of the chopped cookies into cream cheese batter.
	Pour over prepared crust; sprinkle with the remaining chopped cookies.
	Bake 45 min. or until centre is almost set. Cool. Refrigerate 3 hours or overnight.
	Cut into 12 pieces. Store leftover cheesecake in refrigerator.
Nutrition Facts	
	PROTEIN 6.08% FAT 63.05% CARBS 30.87%

Properties

Glycemic Index:12.26, Glycemic Load:9.66, Inflammation Score:-6, Nutrition Score:6.9739130165266%

Nutrients (% of daily need)

Calories: 420.02kcal (21%), Fat: 30.01g (46.17%), Saturated Fat: 16.12g (100.78%), Carbohydrates: 33.06g (11.02%), Net Carbohydrates: 32.37g (11.77%), Sugar: 24.68g (27.42%), Cholesterol: 111.57mg (37.19%), Sodium: 327.65mg (14.25%), Alcohol: 0.11g (100%), Alcohol %: 0.13% (100%), Protein: 6.51g (13.02%), Vitamin A: 986.72IU (19.73%), Iron: 3.17mg (17.63%), Vitamin B2: 0.25mg (15%), Selenium: 10.11µg (14.44%), Phosphorus: 111.83mg (11.18%), Vitamin E: 1.33mg (8.85%), Manganese: 0.17mg (8.7%), Vitamin K: 8.17µg (7.78%), Calcium: 72.83mg (7.28%), Folate: 25.54µg

(6.39%), Vitamin B5: O.6mg (6.01%), Copper: O.1mg (5.02%), Magnesium: 18.33mg (4.58%), Potassium: 155.42mg (4.44%), Vitamin B1: O.07mg (4.42%), Zinc: O.64mg (4.25%), Vitamin B12: O.24μg (4.02%), Vitamin B3: O.69mg (3.46%), Vitamin B6: O.06mg (2.97%), Fiber: O.7g (2.78%), Vitamin D: O.22μg (1.47%)