



## Easy Reindeer Cookies

READY IN



15 min.

SERVINGS



12

CALORIES



170 kcal

DESSERT

### Ingredients

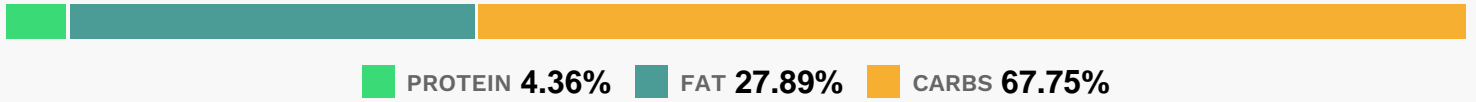
- 12 crème-filled chocolate sandwich cookies white
- 24 pretzel twists miniature
- 6.4 oz chocolate icing white canned
- 0.7 oz decorating gel black
- 12 small m&m candies green (from 9.2 oz box)

### Equipment

### Directions

- Place cookies on tray or flat surface. Break pretzel twists in half to form antlers.
- Place small amount of white decorating icing on bottom edge of each pretzel; attach 2 pieces at top of each cookie to form reindeer antlers.
- Using black decorating gel, make 2 small dots to form eyes on each cookie.
- Cut off top 1/3 of each red candy; attach with small amount of icing to form nose on each cookie.

## Nutrition Facts



### Properties

Glycemic Index:10.5, Glycemic Load:12.08, Inflammation Score:-1, Nutrition Score:3.1800000118497%

### Nutrients (% of daily need)

Calories: 169.98kcal (8.5%), Fat: 5.33g (8.19%), Saturated Fat: 1.32g (8.24%), Carbohydrates: 29.12g (9.71%), Net Carbohydrates: 28.34g (10.3%), Sugar: 15.32g (17.02%), Cholesterol: 0.15mg (0.05%), Sodium: 223.86mg (9.73%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.87g (3.75%), Iron: 2.04mg (11.32%), Manganese: 0.19mg (9.67%), Folate: 30.25µg (7.56%), Vitamin B2: 0.11mg (6.71%), Vitamin K: 5.59µg (5.32%), Vitamin B1: 0.08mg (5.07%), Vitamin B3: 0.98mg (4.89%), Vitamin E: 0.58mg (3.89%), Fiber: 0.78g (3.13%), Copper: 0.06mg (2.94%), Phosphorus: 29.24mg (2.92%), Magnesium: 9.27mg (2.32%), Potassium: 59.98mg (1.71%), Selenium: 1.17µg (1.67%), Zinc: 0.22mg (1.49%)