



Easy Sausage Pizza by Johnsonville®

READY IN



35 min.

SERVINGS



2

CALORIES



1565 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

Ingredients

- ☐ 0.5 cup pasilla peppers green chopped
- ☐ 10 ounce partially baked pizza crust thin (12-inches)
- ☐ 1 cup pizza sauce
- ☐ 19 ounce johnsonville mild sausage links italian
- ☐ 1.3 cups mozzarella cheese shredded divided

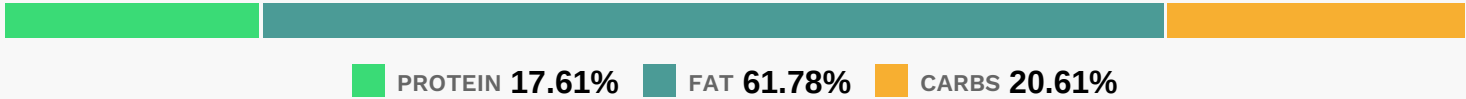
Equipment

- ☐ oven
- ☐ pizza pan

Directions

- ☐ On a clean surface, pinch off sausage into pieces the size of a dime; set aside.
- ☐ Place crust on a pizza pan.
- ☐ Spread sauce evenly over crust.
- ☐ Sprinkle with 1 cup of cheese. Arrange sausage on pizza. Top with green pepper and remaining cheese.
- ☐ Bake according to crust package directions or until sausage is done and crust and cheese are lightly browned.
- ☐ Serve.

Nutrition Facts



Properties

Glycemic Index:55, Glycemic Load:3.11, Inflammation Score:-7, Nutrition Score:37.717391205871%

Flavonoids

Luteolin: 1.75mg, Luteolin: 1.75mg, Luteolin: 1.75mg, Luteolin: 1.75mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Quercetin: 0.82mg, Quercetin: 0.82mg, Quercetin: 0.82mg, Quercetin: 0.82mg

Nutrients (% of daily need)

Calories: 1565.27kcal (78.26%), Fat: 106.89g (164.45%), Saturated Fat: 42.85g (267.8%), Carbohydrates: 80.24g (26.75%), Net Carbohydrates: 75.62g (27.5%), Sugar: 8.12g (9.02%), Cholesterol: 259.98mg (86.66%), Sodium: 3741.09mg (162.66%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 68.57g (137.14%), Selenium: 79.43µg (113.47%), Vitamin B1: 1.6mg (106.76%), Vitamin B12: 4.05µg (67.45%), Phosphorus: 670.76mg (67.08%), Calcium: 551.7mg (55.17%), Vitamin C: 43.91mg (53.22%), Vitamin B6: 1.04mg (51.87%), Vitamin B3: 10.22mg (51.09%), Iron: 8.64mg (48.02%), Zinc: 7.18mg (47.89%), Vitamin B2: 0.74mg (43.57%), Potassium: 1163.59mg (33.25%), Vitamin A: 1141.45IU (22.83%), Copper: 0.39mg (19.43%), Vitamin B5: 1.89mg (18.88%), Magnesium: 73.8mg (18.45%), Fiber: 4.61g (18.44%), Manganese: 0.35mg (17.69%), Vitamin E: 2.03mg (13.57%), Folate: 41.2µg (10.3%), Vitamin K: 7.8µg (7.43%), Vitamin D: 0.28µg (1.87%)