

Easy Stained Glass Holiday Cookies

airy Free







DESSERT

Ingredients

0.3 cup butter melted
1 eggs
2 tablespoons flour all-purpose gold medal®
1 pouch sugar cookie mix betty crocker® (1 lb 1.5 oz)
24 servings frangelico green red betty crocker®

24 servings frangelico green red betty crocker®

Equipment

bowl

	baking sheet	
	oven	
	cookie cutter	
Directions		
	Heat oven to 375°F. In medium bowl, stir cookie mix, butter, egg and flour until dough forms.	
	Roll dough on floured surface to about 1/4 inch thick.	
	Cut with cookie cutters.	
	Place 1 inch apart on ungreased cookie sheet. Decorate unbaked cookies using gels.	
	Bake 7 to 9 minutes or until light golden brown around edges. Cool 1 minute before removing from cookie sheet; cool completely, about 20 minutes.	
	Nutrition Facts	
	PROTEIN 3.91% FAT 31.75% CARBS 64.34%	

Properties

Glycemic Index:3.13, Glycemic Load:0.34, Inflammation Score:-1, Nutrition Score:0.52478261146209%

Nutrients (% of daily need)

Calories: 108.76kcal (5.44%), Fat: 3.83g (5.9%), Saturated Fat: 0.58g (3.66%), Carbohydrates: 17.49g (5.83%), Net Carbohydrates: 17.47g (6.35%), Sugar: 9.6g (10.66%), Cholesterol: 6.82mg (2.27%), Sodium: 91.39mg (3.97%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.06g (2.12%), Vitamin A: 122.67IU (2.45%), Folate: 5.34µg (1.34%), Vitamin B1: 0.02mg (1.22%), Vitamin B2: 0.02mg (1.16%), Selenium: 0.77µg (1.11%)