



## Easy Stromboli

READY IN



33 min.

SERVINGS



33

CALORIES



39 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

## Ingredients

- 15 slices oscar mayer deli oven roasted turkey breast and oscar mayer ham smoked fresh shaved
- 6 slim cut mozzarella cheese kraft
- 0.3 cup parmesan cheese grated kraft
- 0.3 cup pasilla peppers red chopped
- 13.8 oz pizza crust refrigerated canned

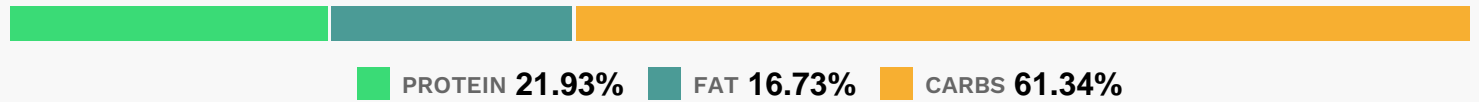
## Equipment

- baking sheet
- oven

## Directions

- Heat oven to 425F.
- Unroll pizza crust on baking sheet sprayed with cooking spray. Pat out dough to 15x10-inch rectangle; sprinkle with Parmesan.
- Layer remaining ingredients lengthwise down center of dough.
- Fold dough in half over filling; pinch edges together tightly to seal.
- Cut small slits in top of dough to vent.
- Bake 15 to 18 min. or until golden brown. Cool slightly before cutting to serve.

## Nutrition Facts



## Properties

Glycemic Index:1.79, Glycemic Load:0.02, Inflammation Score:-1, Nutrition Score:0.77000000165856%

## Flavonoids

Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg

## Nutrients (% of daily need)

Calories: 38.54kcal (1.93%), Fat: 0.73g (1.12%), Saturated Fat: 0.26g (1.65%), Carbohydrates: 5.98g (1.99%), Net Carbohydrates: 5.78g (2.1%), Sugar: 0.83g (0.92%), Cholesterol: 3.58mg (1.19%), Sodium: 156.34mg (6.8%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.14g (4.28%), Vitamin B3: 0.51mg (2.53%), Phosphorus: 19.76mg (1.98%), Iron: 0.35mg (1.95%), Vitamin C: 1.44mg (1.75%), Selenium: 1.02µg (1.45%), Vitamin B6: 0.03mg (1.41%)