



Easy Thanksgiving Entertaining

 Vegetarian  Gluten Free

READY IN



10 min.

SERVINGS



6

CALORIES



470 kcal

SIDE DISH

Ingredients

- 2 cups cup heavy whipping cream
- 1 cup pumpkin pie spice crushed nestle® toll house®
- 1 pinch salt
- 0.8 cup sugar
- 2 teaspoons vanilla
- 2 cups milk whole

Equipment

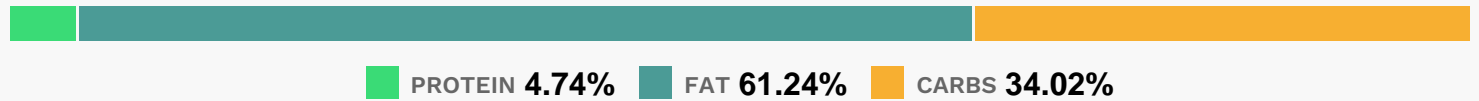
- whisk

ice cream machine

Directions

- Whisk all ingredients together until sugar dissolves, then slowly add in the crushed cookies until mixes well.
- Add everything into an ice cream machine and freeze according to manufacturers instructions.Keep frozen until ready to serve, then garnish with a cookie.

Nutrition Facts



Properties

Glycemic Index:18.02, Glycemic Load:18.9, Inflammation Score:-7, Nutrition Score:13.433913043478%

Taste

Sweetness: 98.52%, Saltiness: 24.3%, Sourness: 12.78%, Bitterness: 8.21%, Savoriness: 19.69%, Fattiness: 100%, Spiciness: 0%

Nutrients (% of daily need)

Calories: 469.92kcal (23.5%), Fat: 33.21g (51.1%), Saturated Fat: 20.74g (129.62%), Carbohydrates: 41.51g (13.84%), Net Carbohydrates: 39.29g (14.29%), Sugar: 32.51g (36.12%), Cholesterol: 99.41mg (33.14%), Sodium: 66.96mg (2.91%), Alcohol: 0.46g (2.55%), Protein: 5.79g (11.57%), Manganese: 2.38mg (119.24%), Vitamin A: 1337.11IU (26.74%), Calcium: 255.1mg (25.51%), Vitamin B2: 0.29mg (16.94%), Iron: 3.05mg (16.94%), Phosphorus: 145.94mg (14.59%), Vitamin D: 2.16µg (14.43%), Vitamin B12: 0.57µg (9.44%), Magnesium: 35.87mg (8.97%), Fiber: 2.22g (8.88%), Potassium: 299.29mg (8.55%), Selenium: 5.47µg (7.81%), Vitamin E: 1.06mg (7.07%), Vitamin B6: 0.14mg (6.89%), Vitamin K: 7.04µg (6.71%), Zinc: 0.88mg (5.89%), Vitamin B1: 0.08mg (5.41%), Vitamin B5: 0.51mg (5.06%), Vitamin C: 3.99mg (4.83%), Copper: 0.08mg (4.24%), Vitamin B3: 0.48mg (2.39%), Folate: 6.77µg (1.69%)