



## Easy Turkey Cookies

 Dairy Free

READY IN



55 min.

SERVINGS



18

CALORIES



218 kcal

DESSERT

### Ingredients

- 17.5 oz sugar cookie mix
- 1 serving basic cookie mix for on cookie mix pouch for cutout cookies
- 16 oz vanilla frosting
- 1 serving m&m candies assorted

### Equipment

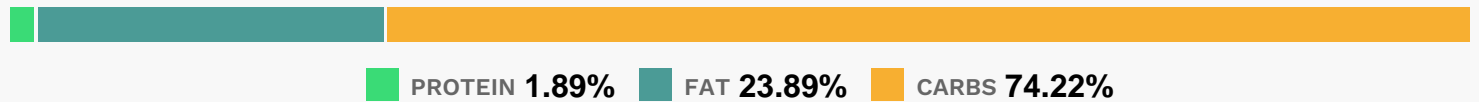
- bowl
- baking sheet
- oven

cookie cutter

## Directions

- Heat oven to 375°F. In medium bowl, stir cookie mix, flour, butter and egg until dough forms.
- On lightly floured surface, roll dough to about 1/4-inch thickness.
- Cut with 4 1/2-inch turkey- or hand-shaped cookie cutter; place 1 inch apart on ungreased cookie sheets.
- Bake 7 to 9 minutes or until edges are light golden brown. Cool 1 minute; remove from cookie sheets to cooling racks. Cool completely, about 15 minutes. Frost and decorate with candies as desired.

## Nutrition Facts



## Properties

Glycemic Index:2.39, Glycemic Load:7.36, Inflammation Score:1, Nutrition Score:0.72347825984268%

## Nutrients (% of daily need)

Calories: 218.05kcal (10.9%), Fat: 5.77g (8.88%), Saturated Fat: 0.87g (5.44%), Carbohydrates: 40.35g (13.45%), Net Carbohydrates: 40.33g (14.66%), Sugar: 29.24g (32.49%), Cholesterol: 0.13mg (0.04%), Sodium: 125.74mg (5.47%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.03g (2.05%), Vitamin B2: 0.09mg (5.03%), Vitamin K: 3.28µg (3.12%), Vitamin E: 0.39mg (2.57%), Folate: 6.43µg (1.61%), Vitamin B1: 0.02mg (1.27%)