



Easy Turkey Cookies

 Dairy Free

READY IN



55 min.

SERVINGS



18

CALORIES



326 kcal

DESSERT

Ingredients

- 0.3 cup butter softened
- 1 eggs
- 2 tablespoons flour all-purpose
- 18 servings m&m candies assorted
- 1 pouch sugar cookie mix (1 lb 1.5 oz)
- 1 lb vanilla frosting

Equipment

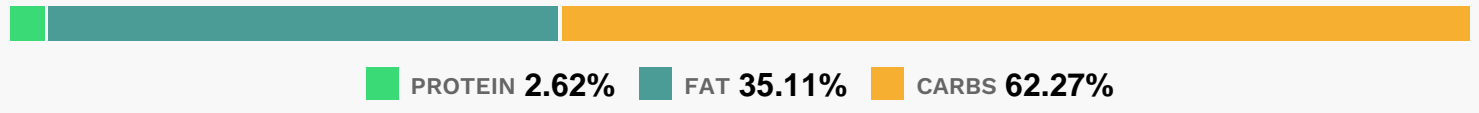
- bowl

- baking sheet
- oven
- cookie cutter

Directions

- Heat oven to 375F. In medium bowl, stir cookie mix, flour, butter and egg until dough forms.
- On lightly floured surface, roll dough to about 1/4-inch thickness.
- Cut with 4 1/2-inch turkey- or hand-shaped cookie cutter; place 1 inch apart on ungreased cookie sheets.
- Bake 7 to 9 minutes or until edges are light golden brown. Cool 1 minute; remove from cookie sheets to cooling racks. Cool completely, about 15 minutes. Frost and decorate with candies as desired.

Nutrition Facts



Properties

Glycemic Index:6.56, Glycemic Load:7.82, Inflammation Score:-1, Nutrition Score:1.4673913007845%

Nutrients (% of daily need)

Calories: 325.65kcal (16.28%), Fat: 12.7g (19.54%), Saturated Fat: 3.7g (23.11%), Carbohydrates: 50.69g (16.89%), Net Carbohydrates: 50.26g (18.28%), Sugar: 38.08g (42.31%), Cholesterol: 11.34mg (3.78%), Sodium: 178.42mg (7.76%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.13g (4.27%), Vitamin B2: 0.1mg (6.02%), Vitamin A: 197.17IU (3.94%), Vitamin E: 0.54mg (3.61%), Vitamin K: 3.29µg (3.13%), Folate: 9.14µg (2.29%), Iron: 0.41mg (2.25%), Calcium: 20.91mg (2.09%), Vitamin B1: 0.03mg (1.8%), Fiber: 0.43g (1.71%), Selenium: 1.06µg (1.51%), Phosphorus: 11.24mg (1.12%), Vitamin B3: 0.22mg (1.09%)