



Edible name place biscuits

 Dairy Free

READY IN



30 min.

SERVINGS



4

CALORIES



387 kcal

DESSERT

Ingredients

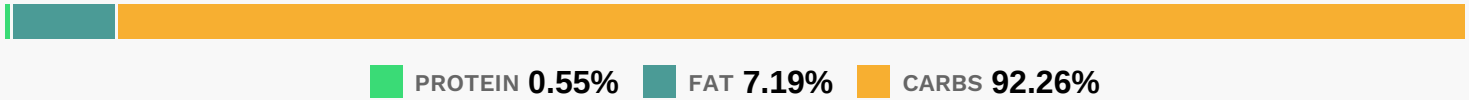
- ☐ 300 g powdered sugar
- ☐ 0.5 tsp peppermint extract
- ☐ 4 grands flaky refrigerator biscuits
- ☐ 4 servings sprinkles

Equipment

Directions

- ☐
- Mix icing sugar with peppermint extract and enough water to make a thick icing.
- ☐
- Spread the icing over cookies and create a border around the edges using sweets and sprinkles. Leave for 10 mins for the icing to set. Then, using an icing pen, write a guests name in the centre of each cookie. When the icing is dry, wrap in cellophane and tie up with a pretty ribbon.

Nutrition Facts



Properties

Glycemic Index:16, Glycemic Load:4, Inflammation Score:1, Nutrition Score:0.92347824832667%

Nutrients (% of daily need)

Calories: 386.96kcal (19.35%), Fat: 3.14g (4.83%), Saturated Fat: 1.29g (8.06%), Carbohydrates: 90.7g (30.23%), Net Carbohydrates: 90.57g (32.93%), Sugar: 84.68g (94.08%), Cholesterol: 0mg (0%), Sodium: 36.85mg (1.6%), Alcohol: 0.18g (100%), Alcohol %: 0.24% (100%), Protein: 0.54g (1.07%), Vitamin B2: 0.05mg (2.71%), Vitamin B1: 0.04mg (2.36%), Manganese: 0.05mg (2.35%), Folate: 8.1µg (2.03%), Iron: 0.34mg (1.91%), Vitamin B3: 0.33mg (1.65%), Vitamin E: 0.24mg (1.63%), Selenium: 1.07µg (1.53%), Vitamin K: 1.1µg (1.05%)