



## Elisa's Famous Fudge

 Gluten Free

READY IN



150 min.

SERVINGS



48

CALORIES



80 kcal

DESSERT

### Ingredients

- 2 tablespoons butter
- 0.8 cup butterscotch chips
- 0.7 cup evaporated milk
- 7 ounce marshmallow crème
- 0.5 cup pecans chopped
- 0.3 teaspoon salt
- 0.8 cup semi chocolate chips
- 1 teaspoon vanilla extract

1.5 cups sugar white

## Equipment

sauce pan

aluminum foil

## Directions

Line an 8-inch square dish with foil.

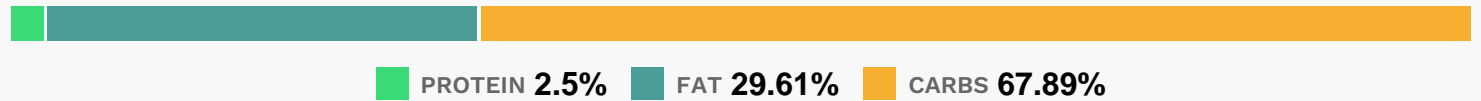
In a heavy saucepan over medium heat, combine sugar, evaporated milk, butter and salt. Bring to a boil and let roll 5 minutes.

Remove from heat and stir in marshmallow creme, chocolate chips, butterscotch chips, pecans and vanilla. Continue stirring until marshmallow creme is melted and all ingredients are thoroughly combined.

Pour into prepared dish.

Refrigerate for 2 hours, until firm. Lift from dish, remove foil, and cut into pieces.

## Nutrition Facts



## Properties

Glycemic Index:2.71, Glycemic Load:4.37, Inflammation Score:-1, Nutrition Score:0.9117391269816%

## Flavonoids

Cyanidin: 0.12mg, Cyanidin: 0.12mg, Cyanidin: 0.12mg, Cyanidin: 0.12mg Delphinidin: 0.08mg, Delphinidin: 0.08mg, Delphinidin: 0.08mg, Delphinidin: 0.08mg Catechin: 0.08mg, Catechin: 0.08mg, Catechin: 0.08mg, Catechin: 0.08mg Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg

## Nutrients (% of daily need)

Calories: 80.46kcal (4.02%), Fat: 2.74g (4.22%), Saturated Fat: 1.21g (7.53%), Carbohydrates: 14.13g (4.71%), Net Carbohydrates: 13.8g (5.02%), Sugar: 12.36g (13.73%), Cholesterol: 2.68mg (0.89%), Sodium: 30.31mg (1.32%), Alcohol: 0.03g (100%), Alcohol %: 0.17% (100%), Protein: 0.52g (1.04%), Manganese: 0.09mg (4.45%), Copper:

0.05mg (2.49%), Magnesium: 7.19mg (1.8%), Phosphorus: 17.73mg (1.77%), Fiber: 0.33g (1.34%), Iron: 0.22mg (1.2%), Calcium: 12mg (1.2%), Zinc: 0.16mg (1.04%)