



Emerald Mint Martini



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



92 kcal

BEVERAGE

DRINK

Ingredients



0.3 ounce crème de cassis liqueur



0.3 ounce vermouth dry



0.8 ounce vodka

Equipment

Directions



Pour ingredients over ice into mixing glass and shake gently. Strain into martini glass.

Nutrition Facts



■ PROTEIN 0.15% ■ FAT 1.46% ■ CARBS 98.39%

Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.046956521337447%

Nutrients (% of daily need)

Calories: 91.73kcal (4.59%), Fat: 0.03g (0.04%), Saturated Fat: 0g (0.01%), Carbohydrates: 4.28g (1.43%), Net Carbohydrates: 4.28g (1.56%), Sugar: 3.93g (4.37%), Cholesterol: 0mg (0%), Sodium: 0.69mg (0.03%), Alcohol: 10.82g (100%), Alcohol %: 34.13% (100%), Protein: 0.01g (0.01%)