



Eyeball Potion

 Gluten Free  Dairy Free

READY IN



130 min.

SERVINGS



10

CALORIES



53 kcal

SIDE DISH

Ingredients

- 24 blueberries
- 1 pkg jell-o gelatin red (8-serving size)
- 10 servings ice cubes
- 1 cup water cold
- 1.5 cups water boiling
- 8 oz cool whip whipped topping thawed

Equipment

- bowl

ice cream scoop

melon baller

Directions

Using a melon baller or small ice cream scoop, place 2 small scoops (about 2 Tbsp. each) of whipped topping into each of 12 dessert dishes for "eyeballs."

Place a blueberry in each scoop for the "pupil." Freeze 30 minutes or until firm.

Meanwhile, stir boiling water into gelatin in large bowl at least 2 minutes until completely dissolved.

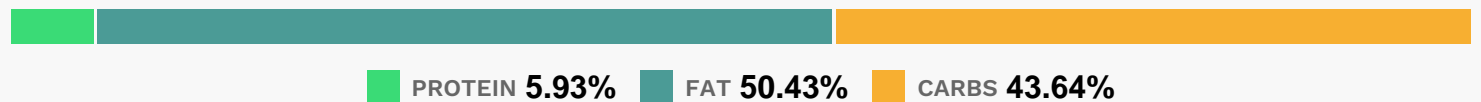
Add enough ice to cold water to measure 2-1/2 cups.

Add to gelatin, stirring until slightly thickened.

Remove any remaining ice. Spoon gelatin into prepared dishes around each eyeball, leaving the top of the eyeballs exposed.

Refrigerate 1-1/2 hours or until firm.

Nutrition Facts



Properties

Glycemic Index:4, Glycemic Load:0.15, Inflammation Score:-1, Nutrition Score:0.63260869649441%

Flavonoids

Cyanidin: 0.26mg, Cyanidin: 0.26mg, Cyanidin: 0.26mg, Cyanidin: 0.26mg Petunidin: 0.98mg, Petunidin: 0.98mg, Petunidin: 0.98mg, Petunidin: 0.98mg Delphinidin: 1.11mg, Delphinidin: 1.11mg, Delphinidin: 1.11mg, Delphinidin: 1.11mg Malvidin: 2.11mg, Malvidin: 2.11mg, Malvidin: 2.11mg, Malvidin: 2.11mg Peonidin: 0.63mg, Peonidin: 0.63mg, Peonidin: 0.63mg, Peonidin: 0.63mg Catechin: 0.17mg, Catechin: 0.17mg, Catechin: 0.17mg, Catechin: 0.17mg Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg Quercetin: 0.24mg, Quercetin: 0.24mg, Quercetin: 0.24mg, Quercetin: 0.24mg

Nutrients (% of daily need)

Calories: 52.92kcal (2.65%), Fat: 2.98g (4.59%), Saturated Fat: 2.56g (16.02%), Carbohydrates: 5.8g (1.93%), Net Carbohydrates: 5.73g (2.08%), Sugar: 5.66g (6.29%), Cholesterol: 0.45mg (0.15%), Sodium: 22.31mg (0.97%),

Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.79g (1.58%), Calcium: 19.8mg (1.98%), Phosphorus: 17.2mg (1.72%), Vitamin B2: 0.02mg (1.29%), Vitamin K: 1.33µg (1.26%), Copper: 0.02mg (1.23%)