

Fall Festive-tini



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



273 kcal

SIDE DISH

Ingredients

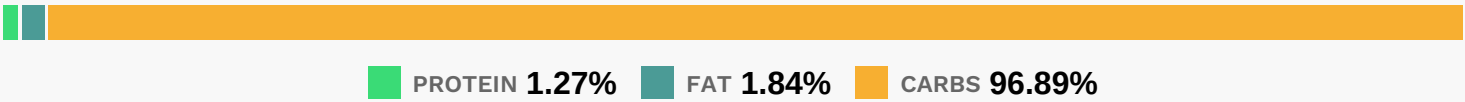
- ☐ 1 apples for garnish
- ☐ 1.8 fluid ounces apple cider
- ☐ 1.5 fluid ounces ginger ale
- ☐ 4 ice cubes
- ☐ 1.5 fluid ounces peach schnapps
- ☐ 1.5 fluid ounces pear vodka

Equipment

Directions

Place the ice cubes in a cocktail shaker; pour the vodka, schnapps, cider, and ginger ale over the ice; cover. Shake until outside of shaker has frosted. Make sure to pause and slowly let the carbonated air out of the shaker once or twice during the shaking process and also when you're done before you pour. Strain into a martini glass and garnish with apple slice.

Nutrition Facts



Properties

Glycemic Index:172.5, Glycemic Load:13.4, Inflammation Score:-4, Nutrition Score:4.2204347881286%

Flavonoids

Cyanidin: 3.78mg, Cyanidin: 3.78mg, Cyanidin: 3.78mg, Cyanidin: 3.78mg Peonidin: 0.04mg, Peonidin: 0.04mg, Peonidin: 0.04mg, Peonidin: 0.04mg Catechin: 3.13mg, Catechin: 3.13mg, Catechin: 3.13mg, Catechin: 3.13mg Epigallocatechin: 0.73mg, Epigallocatechin: 0.73mg, Epigallocatechin: 0.73mg, Epigallocatechin: 0.73mg Epicatechin: 17.81mg, Epicatechin: 17.81mg, Epicatechin: 17.81mg, Epicatechin: 17.81mg Epicatechin 3-gallate: 0.03mg, Epicatechin 3-gallate: 0.03mg, Epicatechin 3-gallate: 0.03mg, Epicatechin 3-gallate: 0.03mg Epigallocatechin 3-gallate: 0.42mg, Epigallocatechin 3-gallate: 0.42mg, Epigallocatechin 3-gallate: 0.42mg, Epigallocatechin 3-gallate: 0.42mg Luteolin: 0.22mg, Luteolin: 0.22mg, Luteolin: 0.22mg, Luteolin: 0.22mg Isorhamnetin: 0.13mg, Isorhamnetin: 0.13mg, Isorhamnetin: 0.13mg, Isorhamnetin: 0.13mg Kaempferol: 0.25mg, Kaempferol: 0.25mg, Kaempferol: 0.25mg, Kaempferol: 0.25mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 7.97mg, Quercetin: 7.97mg, Quercetin: 7.97mg, Quercetin: 7.97mg

Nutrients (% of daily need)

Calories: 272.8kcal (13.64%), Fat: 0.44g (0.68%), Saturated Fat: 0.07g (0.45%), Carbohydrates: 52.06g (17.35%), Net Carbohydrates: 46.21g (16.8%), Sugar: 42.47g (47.19%), Cholesterol: 0mg (0%), Sodium: 10.24mg (0.45%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.68g (1.37%), Fiber: 5.85g (23.39%), Vitamin C: 10.74mg (13.02%), Potassium: 298.9mg (8.54%), Manganese: 0.13mg (6.45%), Vitamin K: 5.96µg (5.67%), Copper: 0.11mg (5.43%), Vitamin B6: 0.1mg (4.84%), Vitamin B2: 0.07mg (3.98%), Magnesium: 15.8mg (3.95%), Vitamin B1: 0.05mg (3.14%), Phosphorus: 28.96mg (2.9%), Vitamin E: 0.39mg (2.57%), Iron: 0.44mg (2.45%), Calcium: 22.06mg (2.21%), Vitamin A: 109.89IU (2.2%), Folate: 8.56µg (2.14%), Vitamin B5: 0.16mg (1.58%), Vitamin B3: 0.27mg (1.37%), Zinc: 0.16mg (1.04%)