



Fantasyland Pull Apart Cupcakes

READY IN



145 min.

SERVINGS



48

CALORIES



250 kcal

DESSERT

Ingredients

- 2 boxes cake mix white
- 16 oz vanilla frosting
- 0.3 teaspoon purple gel food coloring green
- 0.3 teaspoon purple gel food coloring blue
- 14 oz m&m candies (55 candies)
- 3 ice cream cake cones with pointed ends sugar-style
- 38 small gumdrops
- 4.4 oz chocolate
- 8 candy canes ()

- 12 fruit assorted sphere-shaped fruit-flavored

Equipment

- oven
- muffin liners

Directions

- Heat oven to 350°F.
- Place paper baking cup in each of 48 regular-size muffin cups. Make and bake cake mix as directed on box for cupcakes, using water, oil and egg whites. Cool 10 minutes; remove cupcakes from pans to cooling racks. Cool completely.
- Place cupcakes on platter, fitting snugly together and forming rectangle. Frost cupcakes with 1 container of frosting. Refrigerate 30 minutes. Tint 1 container of frosting with green food color. Tint remaining container of frosting with blue food color.
- Spread green frosting over cupcakes, leaving 3 cupcakes white in each of 3 corners. Frost the 3 corners of white cupcakes with some of the blue frosting. Arrange fruit chews on cupcakes to look like walkway. Fill ice cream cones with remaining blue frosting; top each with a gumdrop.
- Place ice cream cones in one area. Stand chocolate pieces and candy canes in other corners. Arrange lollipops to look like a forest.
- Place remaining gumdrops randomly on cupcakes.

Nutrition Facts



Properties

Glycemic Index:3.41, Glycemic Load:5.32, Inflammation Score:-3, Nutrition Score:4.0778260541999%

Nutrients (% of daily need)

Calories: 249.52kcal (12.48%), Fat: 5.28g (8.12%), Saturated Fat: 2.43g (15.21%), Carbohydrates: 50.35g (16.78%), Net Carbohydrates: 47.93g (17.43%), Sugar: 35.7g (39.67%), Cholesterol: 1.24mg (0.41%), Sodium: 180.09mg (7.83%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.92g (3.84%), Fiber: 2.41g (9.65%), Phosphorus: 91.88mg (9.19%), Vitamin A: 358.27IU (7.17%), Vitamin K: 7.15µg (6.81%), Vitamin B2: 0.11mg (6.46%), Calcium:

63.44mg (6.34%), Copper: 0.12mg (5.88%), Iron: 0.98mg (5.42%), Vitamin B3: 1mg (5.02%), Folate: 18.6µg (4.65%), Manganese: 0.09mg (4.45%), Vitamin B1: 0.06mg (4.17%), Potassium: 124.64mg (3.56%), Vitamin C: 2.52mg (3.06%), Selenium: 1.97µg (2.81%), Magnesium: 11.12mg (2.78%), Vitamin E: 0.34mg (2.27%), Zinc: 0.25mg (1.65%), Vitamin B6: 0.03mg (1.27%), Vitamin B5: 0.12mg (1.18%)