

Fat Pete's Fudge

Gluten Free







DESSERT

Ingredients

0.7 cup butter

16 ounces chocolate candy (such as Hershey's®)

12 fluid ounce evaporated milk canned

14 ounce marshmallow crème

2.5 cups milk chocolate chips

4.5 cups sugar white

Equipment

sauce pan

	knife
	baking pan
Directions	
	Grease a 9x13-inch baking pan. Set aside.
	Bring butter, sugar, and evaporated milk to a boil in a saucepan over medium heat. Boil for 5 to 7 minutes, then remove from heat and quickly stir in the marshmallow cream, chocolate candy, and chocolate chips, until the chocolate has melted and is fully incorporated.
	Pour chocolate mixture into the prepared baking pan. Dot the top of the fudge with peanut butter. Swirl a knife through the fudge and peanut butter to create a marble effect. Cover and refrigerate until firm, about 1 hour.
	Cut into squares for serving.
	Nutrition Facts
	PROTEIN 2.1% FAT 36.87% CARBS 61.03%

Properties

Glycemic Index:9.54, Glycemic Load:44.32, Inflammation Score:-4, Nutrition Score:8.1434781771639%

Nutrients (% of daily need)

Calories: 747.6kcal (37.38%), Fat: 31.62g (48.65%), Saturated Fat: 19.04g (118.97%), Carbohydrates: 117.8g (39.27%), Net Carbohydrates: 114.5g (41.64%), Sugar: 102.93g (114.37%), Cholesterol: 29.46mg (9.82%), Sodium: 96.59mg (4.2%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 24.19mg (8.06%), Protein: 4.05g (8.1%), Manganese: 0.59mg (29.64%), Copper: 0.54mg (27.1%), Iron: 3.68mg (20.42%), Magnesium: 74.83mg (18.71%), Phosphorus: 143.58mg (14.36%), Fiber: 3.3g (13.18%), Calcium: 108.27mg (10.83%), Potassium: 377.22mg (10.78%), Zinc: 1.2mg (7.99%), Vitamin B2: 0.11mg (6.66%), Vitamin A: 320.45IU (6.41%), Selenium: 3.06µg (4.37%), Vitamin E: 0.45mg (3%), Vitamin K: 3.06µg (2.91%), Vitamin B5: 0.29mg (2.88%), Vitamin B12: 0.14µg (2.33%), Vitamin B3: 0.37mg (1.84%), Vitamin B1: 0.02mg (1.46%), Vitamin B6: 0.02mg (1.18%)